



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

16-17 July 2022

16th Sunday in Ordinary Time | Year C



Holy Spirit Amaroo

Monday

Office closed

Tuesday

9:15am Mass

Wednesday

7:00am Mass

Thursday

9:15am Mass

Friday

7:00am Mass

Saturday

4:30pm Reconciliation

5:00pm Vigil Mass

Sunday

8:00am Mass

9:30am Mass



St Francis Xavier Hall

Sunday Mass

8:30am

2nd and 4th Sunday of
each month

In Praise of Hospitality

People who think of themselves as “pray-ers” love the story of Mary and Martha, while others who characterise themselves as “do-ers” are irritated by it. After all, Martha is an exemplary model of hospitality. She is serving her guest and honouring God in the process, just like Abraham did. So why is Abraham so esteemed and Martha seemingly admonished for exhibiting precisely the same behaviour?

Martha has done nothing wrong, and Jesus does not put her down for her generous service - though plenty of homilists this week will make it sound that way. Martha fulfils the cultural and religious obligation of hospitality admirably. Mary has chosen to follow another imperative, one that sprang from within her own desire: to be in the company of Jesus. If Martha errs, it's only in passing judgement over Mary's choice. Hospitality takes many forms. One of them is presence.

How do you serve the Lord by doing? How do you serve the Lord by being present?

Make a commitment to hospitality. Cultivate the spirit of welcome. Risk becoming known as a source of refuge.

The mystery in a nutshell is just this: Christ is in you, therefore you can look forward to sharing God's glory. It's that simple.

www.gpbs.com.au



Fr Mark has written thank you cards to all those who helped celebrate his 25th Anniversary of Ordination earlier this year. These cards are on the foyer table in a basket. Please look through and grab yours!

Thank you!

TODAY'S READINGS

Readings: Genesis 18:1-10, Colossians 1:24-28, Luke 10:38-42

Entrance Antiphon: See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

Responsorial Psalm: The just will live in the presence of the Lord.

Gospel Acclamation: Alleluia, alleluia! Happy are they who have kept the word with a generous heart and yielded a harvest through perseverance. Alleluia!

Communion Antiphon: The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him. - *Liturgy Help*



HOLY SPIRIT PARISH YOUTH COUNCIL

**Holy Spirit Parish Gungahlin invites young people aged 12-18
and their families to our**

Youth Council Information Session

5:30pm Sunday 24 July | Followed by Youth Group 6-8pm | Holy Spirit Parish Office

For more information please contact
Frances Dinn: frances_1406@hotmail.com or Paris Morris: youth@holyspiritgungahlin.org.au

Holy Spirit Parish is inviting all youth aged 12-18 to learn more about the Youth Council; who they are, what they do, and why their work is important.

Our Youth Council is made up of parishioners from different schools and year groups who share their faith, fellowship, and a common goal of encouraging greater participation of youth in the life of the parish.

After a few challenging years, this group is looking for renewal and encouraging expressions of interest from youth who may wish to be part of the youth council, including both new and former members. All youth are invited to this session at **5:30pm on Sunday 24 July**, and encouraged to stay for youth group afterwards.

Please contact Frances or Paris with any questions.



Give Yourself a Moment

Just before my daughter Hannah graduated from primary school, the school hosted a dance for the students and parents. The graduates-to-be were honoured for their unique achievements. Then they were gathered together for a group photo. And finally the music started, and the energetic teenagers danced their hearts out. Throughout the evening parents vied for position to snap photos and film every detail of their little darlings in this never-to-be-repeated moment in history. My husband and I were not among those parents. My husband, on security detail, spent most of the evening by the front door shooting the breeze with a few other dads, and I was flitting about checking in with other parents about their children's plans for high school.

The awards ceremony did catch my attention when Hannah's name was called, but I never thought to grab the mobile for a photo. Hannah was honoured as an outstanding risk-taker. Tears welled in the corners of my eyes. I was never more proud. Hannah, who has Down Syndrome, is actually extremely risk adverse and struggles with transitions. But her teachers felt she pushed through her fears and made significant progress in participating in class and moving independently throughout the day. It would have been rather nice to have had some visual record of this highlight of my daughter's educational history. But, looking back, I hope I chose the better part: *living in the moment*. www.gpbs.com.au

Upcoming Events

- * **28 July 2022—9:15am**—Anointing Mass followed by Seniors Morning Tea. All are welcome.
- * **Saturday 30 Jul 2022—10am—2pm AEST—Mindfulness & Meditation** online via Zoom. When we are present to the 'now', centredness and relaxation become a natural part of life, and we know how to act from a heart of love. This is a day of prayer in the practice of Mindfulness & Meditation. We invite you to bring an open mind and heart to journey with others and within one self. This day is led by Paola Cheng, a qualified meditation teacher, spiritual director and social worker, who brings an inclusive and gentle approach to her sessions. Cost \$50. Book and pay by 25/7/22 via www.heartoflife.melbourne email office@heartoflife.melbourne or tel (03) 9890 1101
- * **Saturday 6 August 2022—1pm-4:30pm Gently Integrating our Shadow-side Toward Wholeness** via Zoom. Our shadow-side is not some deep, dark pathology within us to be feared. Although we are unaware of our shadow-side operating within us, it nevertheless shapes our living, in that our shadow-side expresses itself through distorted and unhealthy means. If our shadow-side is unknown to us, how can it be recognised and integrated? Also, how can wholeness and true self be experienced? This reflection event, led by Kaye Twining, BTheol, Grad Dip Spir Dir, MA, will offer an understanding of wholeness, true self and shadow-side and includes a reflective practice for gently integrating our shadow-side toward wholeness. Cost \$50. Book and pay by 29/7/22 via www.heartoflife.melbourne email office@heartoflife.melbourne or tel (03) 9890 1101
- * **20 August 2022 after the 5:00pm Mass** — Parish Games Night
- * **17 September 2022**—Caring For Creation Conference
Save The Date! Contact alisonmweeks@bigpond.com for more information.



First Eucharist and Reconciliation 2022

If you missed the information session, please contact Katrina ASAP. Enrolments need to be finalised.
sacraments@holyspiritgungahlin.org.au

Planned Giving Update

A reminder that tax receipts are no longer issued for Planned Giving as the parish no longer contributes to the Canberra Catholic Schools Building Fund.

If you wish to share fully in the life of our parish and assist us with your financial support, please complete a Planned Giving Pledge Form available in the church foyer and follow the instructions. Otherwise, contact Tony Rose for assistance by phone at the Office or email: gungahlin.finance@cg.org.au

Please keep the following individuals in prayer.....



For those who are sick

Baby Aarya
Jan Hancock
Jim Banks
Diego Castaneda
Dorrell Hogan
Rhonda Lipton
Pat Weeks
Antonija Pavlovic
Raajiv
Adrian Lim
Paz Pinilla
Carol Ooi
Agustin Fernandez Alarcon
Grant
Alan Demascus
Gowri Shivasabesan

Recently Deceased

Gabrielle Booth (Eagles)
David Kelly

Anniversaries

Maria Pedic
Lazarus Motha

We include those who are members of our Parish or relatives. Please email contact the parish office or click here to request prayers.

[Prayer Requests](#)



Becoming Catholic

Interested in finding out about the Catholic faith or interested in becoming a Catholic?

If you, or anyone you know, would like to become a Catholic or to simply learn more about the Catholic faith, this process is a good place to start.

An introduction evening will be held in the Parish rooms on **10 August 2022 at 7pm.**

If you would like to find out more about the RCIA, please see Fr Mark or Fr Thonn or contact Theivani on theivani@holyspiritgungahlin.org.au or 0472921518



Join our Community Garden Group

All are invited to join our community garden group. No matter what your skill level, from beginners to experts and any age and mobility, there is something for everyone.

If you are remotely interested and would like more information about what is involved, please give us a call for a chat.

All are welcome, you do not have to be Catholic to enjoy the gardens. So please invite your friends and neighbours!

Contact: Theivani 0472 921 518 or 6242 9622 or by email theivani@holyspiritgungahlin.org.au



Employment Opportunity

Parish Secretary Position, Narrabundah

People are invited to apply for the position of Parish Secretary for Narrabundah parish, under the care of the Missionaries of God's Love.

This is a part-time permanent position (12 hours per week, Tuesday to Friday 9-12noon).

For more information please contact the Parish Office 6295 7879 or narrabundah@cg.org.au



BOOKINGS NOW OPEN!

Book online now or see us after Mass in the foyer.

\$10 per person
Gold coin for under 12 years old

[Click here to book your table.](http://www.holyspiritgungahlin.org.au)

HELP US WITH OUR GAMES NIGHT

We are seeking donations for our prizes for adults and children. Please these along to Mass or you can drop them off at the parish office.

We are happy to receive any of the following:

- Wines
- Boxed Chocolates
- Gift Vouchers
- Small Toys or Games
- Colouring Pencils/Crayons and Colouring Books
- Pre-packed gift hampers (non-perishable)
- Money for us to purchase prizes



We also need volunteers to help us run a few things. If you would like to be involved, please contact Frances: frances_1406@hotmail.com or Theivani: theivani@holyspiritgungahlin.org.au or 0472921518.



HOLY SPIRIT PARISH GUNGAHLIN

Youth GROUP

Invite a Friend

24 July, 7 Aug, 4 Sep, 18 Sep

6PM - 8PM

20 August - Youth Mass and Games Night starting 5:00PM

FUN • FRIENDSHIP • FOOD

bring \$5 to cover food!

youth@holyspiritgungahlin.org.au

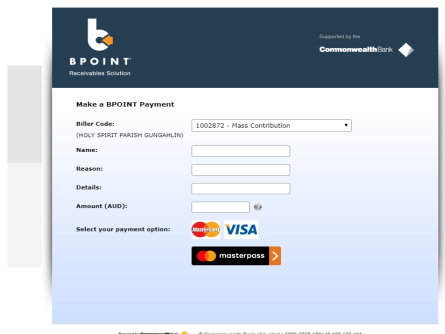
THE PASTOR'S PARKING SPACE

Maybe you've heard the humorous story about the pastor who was having difficulty with his assigned parking space on the church parking lot. People parked in his spot whenever they pleased, even though there was a sign that clearly said, "This space reserved." He thought the sign needed to be clearer, so he had a different sign made, which read, "Reserved for Pastor Only." Still people ignored it and parked in his space whenever they felt like it. "Maybe the sign should be more forceful," he thought. So he devised a more intimidating one, which announced, "Thou shalt not park here." That sign didn't make any difference either. Finally, he hit upon the words that worked; in fact, nobody ever took his parking place again. The sign read, "The one who parks here preaches the sermon on Sunday morning!"

I tell you this story because most of you would probably hedge at the prospect of such a ministry: preaching the sermon on a Sunday morning. You would probably feel uncomfortable about doing that because of a lack of experience and training. But what, then, is your ministry? The Gospel reading here, as well as the other two readings selected for this Sunday, set before us a vision of a common ministry that all of us can be a part of. I would call it something like "a ministry of hospitality."

WE NEED YOUR FINANCIAL SUPPORT

Secure Online Payments



Online Mass Contribution (First and Second Collections combined)

We encourage you to continue to support our parish by making contributions to our First and Second Collections online. Follow the steps below to make a secure online donation.

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Select Biller Code 1002872 – Mass Contribution
3. Enter your payment details.

Parish Bank Account Details

BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish

CONNECT WITH US

Parish Priest: Fr Mark Croker

Assistant Priest: Fr Anthony (Fr Thonn) Riosa, SSS.

Parish Office and Presbytery

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Website: www.holyspiritgungahlin.org.au

Parish Assistant: Theivani Evers

E: theivani@holyspiritgungahlin.org.au

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Parish Secretary: Magda Baraniecki

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Office Support: Naomi Johnson

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Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Sacramental Coordinator: Katrina Battilana

E: sacraments@holyspiritgungahlin.org.au

Youth Minister: Paris Morris

E: youth@holyspiritgungahlin.org.au

Parish Pastoral Council (PPC): Alison Weeks

E: alisonmweeks@bigpond.com

Parish App and Parish Facebook Page



Pocket Parish
Holy Spirit Catholic Parish

Holy Spirit is
with you where
ever you go!

Download
now from

