



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

23-24 July 2022

17th Sunday in Ordinary Time | Year C



Holy Spirit Amaroo

Monday

Office closed

Tuesday

9:15am Mass

Wednesday

7:00am Mass

Thursday

9:15am Mass

Friday

7:00am Mass

Saturday

4:30pm Reconciliation

5:00pm Vigil Mass

Sunday

8:00am Mass

9:30am Mass



St Francis Xavier Hall

Sunday Mass

8:30am

2nd and 4th Sunday of
each month

The Courage To Pray

Prayer requires courage. Imagine the flutter in Abraham's heart when he asked God to consider the innocent who would suffer with the guilty in the destruction of evil cities! Who is Abraham to tell God what is just? Yet our every prayer of petition is roughly the same. With hearts fluttering, we ask God to act according to our perception. It's a bold thing to do.

Jesus encourages his disciples to pray with daring. He tells us to ask for God to reveal divinity to us! That's a big request. Jesus also teaches us to ask for more immediate and practical concerns like food, forgiveness, and to be spared the tug of sin on our hearts. Jesus says we can ask for anything in prayer, big or small, trusting the One who loves us desires our welfare more than we do. With confidence, then, let us pray.

What are the most common obstacles you face in prayer, and how can you overcome them?

Renew your dedication to prayer. Consider what works for you - meditation, ritual prayer, song, movement - and which environment is most conducive, whether indoors, outdoors, a pew, a favourite chair. Be there for the conversation!

"Ask and you'll get; seek and you'll find; knock and the door will open. Don't bargain with God. Be direct. Ask for what you need".

www.gpbs.com.au



Anointing Mass

Thursday 28 July 2022 at 9:15am
Followed by Morning Tea.

All Are Welcome!

TODAY'S READINGS

Readings: Genesis 18:20-32, Colossians 2:12-14, Luke 11:1-13

Entrance Antiphon: God is in holy place, God who unites those who dwell in his house; he himself gives might and strength to his people.

Responsorial Psalm: Lord, on the day I called for help, you answered me.

Gospel Acclamation: Alleluia, alleluia! You have received the Spirit which makes us God's children, and in that Spirit we call God our Father. Alleluia!

Communion Antiphon: Bless the Lord, O my soul, and never forget all his benefits. - *Liturgy Help*



HOLY SPIRIT PARISH YOUTH COUNCIL

**Holy Spirit Parish Gungahlin invites young people aged 12-18
and their families to our**

Youth Council Information Session

5:30pm Sunday 24 July | Followed by Youth Group 6-8pm | Holy Spirit Parish Office

For more information please contact
Frances Dinn: frances_1406@hotmail.com or Paris Morris: youth@holyspiritgungahlin.org.au

Holy Spirit Parish is inviting all youth aged 12-18 to learn more about the Youth Council; who they are, what they do, and why their work is important.

Our Youth Council is made up of parishioners from different schools and year groups who share their faith, fellowship, and a common goal of encouraging greater participation of youth in the life of the parish.

After a few challenging years, this group is looking for renewal and encouraging expressions of interest from youth who may wish to be part of the youth council, including both new and former members. All youth are invited to this session at **5:30pm on Sunday 24 July**, and encouraged to stay for youth group afterwards.

Please contact Frances or Paris with any questions.

The School of Hark Knocks

A young man I was on retreat with once told this story of prayer: "I was so angry at God because I had asked and asked God to help me stop doing drugs. And then before long I was getting high again.

"I was angry at God and I was angry at my parents who told me that God would help me if I asked. And I was angry at my Catholic school teachers who taught me the same thing. I was especially angry one Sunday when I went back to church after a long time and the priest said that we should be persistent in prayer and not give up.

"But I wanted to give up. I could no longer trust God after being seemingly turned down, or worse, ignored, so many times before. And yet a few days later, after another horrific night acting in ways that left me shamed and empty and aching, I got down on my knees one more time. I uttered just two words: 'God, help!'

"And I felt something. I was an inner click of willingness. Something inside shifted, and trust was born inside me. It only took that moment, and my recovery began. And now I'm glad for every prayer I said along the way. It took all that praying not to change God, but to change me".

Upcoming Events

- * **Saturday 30 Jul 2022—10am—2pm AEST—Mindfulness & Meditation** online via Zoom. When we are present to the 'now', centredness and relaxation become a natural part of life, and we know how to act from a heart of love. This is a day of prayer in the practice of Mindfulness & Meditation. We invite you to bring an open mind and heart to journey with others and within one self. This day is led by Paola Cheng, a qualified meditation teacher, spiritual director and social worker, who brings an inclusive and gentle approach to her sessions. Cost \$50. Book and pay by 25/7/22 via www.heartoflife.melbourne email office@heartoflife.melbourne or tel (03) 9890 1101
- * **Saturday 6 August 2022—1pm-4:30pm Gently Integrating our Shadow-side Toward Wholeness** via Zoom. Our shadow-side is not some deep, dark pathology within us to be feared. Although we are unaware of our shadow-side operating within us, it nevertheless shapes our living, in that our shadow-side expresses itself through distorted and unhealthy means. If our shadow-side is unknown to us, how can it be recognised and integrated? Also, how can wholeness and true self be experienced? This reflection event, led by Kaye Twining, BTheol, Grad Dip Spir Dir, MA, will offer an understanding of wholeness, true self and shadow-side and includes a reflective practice for gently integrating our shadow-side toward wholeness. Cost \$50. Book and pay by 29/7/22 via www.heartoflife.melbourne email office@heartoflife.melbourne or tel (03) 9890 1101
- * **20 August 2022 after the 5:00pm Mass** — Parish Games Night
- * **17 September 2022—Caring For Creation Conference** Save The Date! Contact alisonmweeks@bigpond.com for more information.

Refresher Training—Readers (Ministers of the Word)



All Mass Readers are asked to attend the upcoming refresher training sessions. Please contact Mike Whyte if you are not able to attend.

Saturday 30 July 2022: 10:00am, 10:30am or 11:00am.

Can you undertake an overseas mission?

Churches in Africa, Asia and the Pacific are requesting Australian Catholics to join them to build the skills of those in their community who have had less opportunity than ourselves. Please consider these [Mission opportunities abroad](#).

The Australian Catholic Bishops Conference provide support. [Palms Australia](#), who have prepared Australian Catholics for global mission since 1961, will ensure accommodation and a living allowance is provided to you during your time away. [Enquire online](#) or Ph: **0422 742 567** to find out about a placement to engage your skills.

You can also [Register](#) for a Webinar on **Monday August 1st at 7:00 pm** to talk directly with a Palms' partner community in Timor Leste and two Australians recently posted to work with them. Invite your friends. **The stories will inspire.**

Please keep the following individuals in prayer.....



For those who are sick

Baby Aarya
Jan Hancock
Jim Banks
Diego Castaneda
Dorrell Hogan
Rhonda Lipton
Pat Weeks
Antonija Pavlovic
Raajiv
Adrian Lim
Paz Pinilla
Carol Ooi
Agustin Fernandez Alarcon
Grant
Alan Demascus
Gowri Shivasabesan
Charlie Prasad

Recently Deceased

Gabrielle Booth (Eagles)
David Kelly
Pam Thornton

Anniversaries

Rosalinda Morados
Claudio Dairo Sr
Jim Newell
Kevin Norton

We include those who are members of our Parish or relatives. Please email contact the parish office or click here to request prayers.

[Prayer Requests](#)

Becoming Catholic

Interested in finding out about the Catholic faith or interested in becoming a Catholic?

If you, or anyone you know, would like to become a Catholic or to simply learn more about the Catholic faith, this process is a good place to start.

An introduction evening will be held in the Parish rooms on **10 August 2022 at 7pm.**

If you would like to find out more about the RCIA, please see Fr Mark or Fr Thonn or contact Theivani on theivani@holyspiritgungahlin.org.au or 0472921518



Join our Community Garden Group

All are invited to join our community garden group. No matter what your skill level, from beginners to experts and any age and mobility, there is something for everyone.

If you are remotely interested and would like more information about what is involved, please give us a call for a chat.

All are welcome, you do not have to be Catholic to enjoy the gardens. So please invite your friends and neighbours!

Contact: Theivani 0472 921 518 or 6242 9622 or by email theivani@holyspiritgungahlin.org.au



Employment Opportunity

Parish Secretary Position, Narrabundah

People are invited to apply for the position of Parish Secretary for Narrabundah parish, under the care of the Missionaries of God's Love.

This is a part-time permanent position (12 hours per week, Tuesday to Friday 9-12noon).

For more information please contact the Parish Office 6295 7879 or narrabundah@cg.org.au

HOLY SPIRIT PARISH

FAMILY

Games Night

7:00PM – 9:30PM
 SATURDAY 20 AUGUST
 HOLY SPIRIT CHURCH &
 GOOD SHEPHERD SCHOOL HALL
 93 BURDEKIN AVENUE, AMAROO

TRIVIA ROUNDS!
PRIZES FOR BEST THEMED TABLE
GAMES FOR KIDS AND ADULTS
SAUSAGE SIZZLE

\$10 per person
Gold Coin Entry for under 12 years old

FIND OUT MORE @ WWW.HOLYSPIRITGUNGALIN.ORG.AU

Made with PosterMyWall.com

BOOKINGS NOW OPEN!

Book online now or see us after Mass in the foyer.

\$10 per person
 Gold coin for under 12 years old

[Click here to book your table.](#)

HELP US WITH OUR GAMES NIGHT

We are seeking donations for our prizes for adults and children. Please these along to Mass or you can drop them off at the parish office.

We are happy to receive any of the following:

- Wines
- Boxed Chocolates
- Gift Vouchers
- Small Toys or Games
- Colouring Pencils/Crayons and Colouring Books
- Pre-packed gift hampers (non-perishable)
- Money for us to purchase prizes



We also need volunteers to help us run a few things. If you would like to be involved, please contact Frances: frances_1406@hotmail.com or Theivani: theivani@holyspiritgungahlin.org.au or 0472921518.

Teach Your Children

'That things will go well for you and your children.' Deuteronomy 4:40

As a parent, you're constantly transmitting your values to your children, so do these:

- (1) **Let them see you pray.** Help them to understand that prayer is how we build a lifelong friendship with God. And they will need His friendship when you're not around to help them. God said, 'When they call on Me, I will answer; I will be with them in trouble. I will rescue and honour them.' (Psalm 91:15 NLT)
- (2) **Show them what God is like.** Your child's concept of God is formed by you. Whether you're loving and protective or distant and cold, they will grow up understanding God through the interactions they have with you. Some examples are that God is never too busy to listen, He constantly tells us He loves us, and He is never abusive. Getting the idea?
- (3) **Help them to see God in others.** When kids are encouraged to see God at work in their own lives, they begin to discern Him at work in the lives of others too. When that happens, they will value and respect others and be valued and respected in return. That will help them to be secure and successful in life.
- (4) **Don't send them to church; take them.** Children need to believe—and belong. Teach them that, just like a limb dies that's disconnected from a body, we die spiritually unless we are connected to a local church. 'Belonging' means they will always have a place to go. The Bible says, 'Obey His laws... that things will go well for you and your children.' (Deuteronomy 4:40 NCV) Helping your kids to find the right path is the greatest gift you can give them.

<https://vision.org.au/the-word-for-today/>

2nd World Day of Grandparents and the Elderly

On Sunday July 24 we celebrate the 2nd World Day of Grandparents and the Elderly. The date is chosen to coincide with the Feast of Saints Joachim and Anne (grandparents of Jesus) during the week. Pope Francis has chosen the theme "In old age they will still bear fruit" (Ps 92) and calls us all to reflect on how grandparents and the elderly bear fruit in our world.

PRAYER FOR THE SECOND WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

I give thanks to you, Lord, for the blessing of a long life
For, to those who take refuge in You, grant always to bear fruit.
Forgive, O Lord, resignation and disillusionment,
But forsake me not when my strength declines.
Teach me to look with hope to the future you give me,
To the mission you entrust to me and to sing your praises
without end.
Make me a tender craftsman of Your revolution,
To guard with love my grandchildren and all the little
ones who seek shelter in You.
Protect, O Lord, Pope Francis and grant Thy Church
To deliver the world from loneliness.
Direct our steps in the way of peace.
Amen.





Finance Update



Income & Expenditure (6 months) to 30/6/2022

	Budget	Actual	Variance
<u>Income</u>			
Planned Giving/Second Collection	143,000	139,137	(\$3,863)
Weddings, Baptisms & Funerals	5,850	11,005	\$5,155
Sacramental, Chaplaincy & Pastoral Programs.	16,000	11,915	(\$4,085)
Other Revenue	10,200	18,139	\$7,939
Total	175,050	180,196	\$5,146
<u>Expenditure</u>			
Administration	14,585	17,976	(\$3,391)
Priest's Cars and Superannuation	11,502	11,502	\$0
Salaries, Super, A Leave & LSL	83,764	81,108	\$2,656
Insurances	13,100	13,108	(\$8)
Other Expenses	4,600	4,935	(\$335)
Appeals/Donations/Quotas	9,000	7,224	\$1,776
Capital Items	8,000	-	\$8,000
Overall Property Expenses	1,990	1,013	\$977
Repairs & Maintenance	6,000	1,392	\$4,608
Total	152,541	138,258	\$14,283
Net Surplus/(Deficit)	\$22,509	\$41,938	\$9,137

Thank you everyone for your continued financial support of our parish during these challenging times!

Overall our Income is above budget so far this year. Planned giving has remained strong. Other income is also above budget with a lot of baptisms and the piety stall run by the Legion of Mary proving very successful. Overall Expenditure is below Budget for the year to date. Planned capital works to install solar panels did not proceed as anticipated as the installer that was engaged withdrew his contract. Whilst Repairs and Maintenance costs to date are below budget, **substantial** maintenance work on the church roof is necessary to prevent numerous leaks, rectify current damage and improve compliance issues. Overall there is currently a cash surplus, however, this position will be reversed once the roof maintenance work is completed.

If you want more detailed information please contact Tony Rose (Finance Officer) at the Parish Office.



HOLY SPIRIT PARISH GUNGAHLIN

Youth GROUP

Invite a Friend

24 July, 7 Aug, 4 Sep, 18 Sep

6PM - 8PM

20 August - Youth Mass and Games Night starting 5:00PM

FUN • FRIENDSHIP • FOOD

bring \$5 to cover food!

youth@holyspiritgungahlin.org.au

First Eucharist – Question of the Week

The gospel story this week is about Jesus' disciples wanting to learn how to pray. Jesus shows them, and us, how to pray. Then Jesus encourages us to ask for whatever we need, and to never give up on praying. He promises us that when we ask, we will receive.

Q. What is the name of the special prayer Jesus taught the disciples to pray?

Grab an answer form from the foyer and bring along your answers to Mass next week where Fr Mark will announce 3 lucky winners at each Mass who will receive a prize.



WE NEED YOUR FINANCIAL SUPPORT

Secure Online Payments

Online Mass Contribution (First and Second Collections combined)

We encourage you to continue to support our parish by making contributions to our First and Second Collections online. Follow the steps below to make a secure online donation.

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Select Biller Code 1002872 – Mass Contribution
3. Enter your payment details.

Parish Bank Account Details

BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish

CONNECT WITH US

Parish Priest: Fr Mark Croker

Assistant Priest: Fr Anthony (Fr Thonn) Riosa, SSS.

Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622

Website: www.holyspiritgungahlin.org.au

Parish Assistant: Theivani Evers

E: theivani@holyspiritgungahlin.org.au

P: 0472 921 518

Parish Secretary: Magda Baraniecki

E: office@holyspiritgungahlin.org.au

Office Support: Naomi Johnson

E: officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Sacramental Coordinator: Katrina Battilana
E: sacraments@holyspiritgungahlin.org.au

Youth Minister: Paris Morris

E: youth@holyspiritgungahlin.org.au

Parish Pastoral Council (PPC): Alison Weeks

E: alisonmweeks@bigpond.com

Parish App and Parish Facebook Page



Pocket Parish
Holy Spirit Catholic Parish

Holy Spirit is
with you where
ever you go!

Download
now from

