



# Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT  
Supporting and supported by Holy Spirit, Good Shepherd,  
Mother Teresa Primary Schools and St John Paul II College

18-19 May 2024

Pentecost Sunday | Year B



## Holy Spirit Amaroo

### Monday

No Mass  
Office closed

### Tuesday

9:15am Mass

### Wednesday

9:15am Mass  
6pm Holy Hour and  
Reconciliation

### Thursday

9:15am Mass

### Friday

7:00am Mass  
12:00pm Mass

### Saturday

4:30pm Reconciliation  
5:00pm Mass

### Sunday

8:00am Mass  
9:30am Mass  
5:00pm Mass

## The Language of Angels

Consider the deep peace of Christ. The shalom of God in Hebrew means more than freedom from anxiety. Shalom is the fullness of God's blessings, joy, and satisfaction, a life without need. To have the peace of Christ is to have it all. Nothing interrupts this abundance.

You know you live in the peace of Christ when nothing can harm you. The loss of a job means God has something new to offer you. Loneliness becomes the soil of contemplation, from which new life will come. Illness becomes a means of polishing your soul to a brilliant whiteness. The death of a loved one is sorrow mixed with the hope of reunion in God's reign. Compassion becomes natural, forgiveness the first response to injury. You face life with freedom, others with love, and death with confidence.

The peace of Christ comes to us in 'angel-speak,' words rich in meaning. We can hear the words, *Peace be with you*, like we do most greetings: as a salutation of little impact. Or we can receive these words in full knowledge that Christ isn't saying hello here, but means to give us something vital. The peace of Christ is our environment, as native to us as sea is to fish. We live in this peace. We breathe it in and let it out.

### Pray

Lord, open our hearts, that we may be truly alive to all the sounds and colours of your Spirit among us: the trickles and the waterfalls, the flickers and the fireworks, in the ordinary, in the mundane, in the unknown; in stirrings that echo in our hearts and excite us, dare us, free us. Overturn our expectations, and explode our complacencies, that this Pentecost will be as the first – a new beginning, overflowing with possibility and passion and all that brings life and healing and you, afresh in our midst. Amen.

### Ponder

"Nothing should ever trouble or haunt us," Saint Teresa of Avila wrote in her prayer book. She breathed deeply and daily of the peace of Christ. Spend a few moments every day drawing in this peace, especially in the times you're most prone to be anxious. By means of his one Spirit, we all said good-bye to our piecemeal lives.

### Kids' Corner

When my baby nephew was baptised, he cried so loudly that it reminded me of that "strong driving wind" at Pentecost. You might wonder how a baby could cry when the Holy Spirit is present. But all my nephew knew was that he'd been awakened from a nice, cosy sleep with cold water getting poured on his head. That's true for most babies. But I'm like that sometimes too, especially when times are tough. The Holy Spirit might be trying to guide me, but I can't hear because I'm too busy complaining. I need to stop, pray and listen for God's voice. How about you? Can you relax a little today and listen to what God might be saying to you?



## St Francis Xavier Hall

Saturdays 5:00pm

Holy Spirit, help me hear your voice. Amen. God, I believe you are with us today and every day. Amen. [www.gpbs.com.au](http://www.gpbs.com.au)

# Parish News and Events

- \* **Christian Meditation** on Tuesday 21 May 7pm
- \* **Thursday 30 May at 9:15am | Anointing of the Sick Mass**  
Mass followed by morning tea. All welcome! Please bring a plate to share.
- \* **Tuesday 11 June from 7:30pm-9:00pm | Plenary Council Findings Report** All are invited to attend a session on discussing the plenary council outcomes and to determine which few our parish should be focusing on in the lead up to the Archdiocesan Assembly.

**Guest speakers include:** John Warhurst, Fr John Woods, Sr Clare Condon and Bridget Cooney.

Tea/Coffee, Wine and Cheese will be provided. Please RSVP to the parish office.

- \* **Parish Games Night. Saturday 17 August 2024.** Start gathering your table of 10 friends. Donations of wine, chocolates and gift cards Welcome! More Details to come soon.



- \* **Lost and Found**

Please check the lost and found table in the foyer this weekend for umbrellas, water bottles etc that you may have left behind. Anything not collected this weekend will be given away to good will.  
Thank You!



**Youth Group | Fortnightly Sundays 6:00pm-7:30pm**  
( 19 May, 2 June, 16 June, 30 June )

Come along to the parish centre. \$5 Donation for food and snacks. Contact Theivani at the Parish office.

## Community News

- \* **Men Alive Weekend—25-26 May 2024—Mary Help of Christian, Pearce.** Cost \$50 per person: includes workshops, morning and afternoon tea, lunch and bbq dinner on Saturday. RSVP Friday 17 May 2024 to Mat Wolnicki 0438 446 489 or mat.wolnicki@menalive.org.au



Please keep the following individuals in prayer.....



### For those who are sick

Elisabeth Faith O'Connell  
Kwang Hui Lim  
Elizabeth  
Adriano Cesar Junior  
Maria Teresa Meireles  
Theresa and Joseph Tan  
Tony Johnston  
Jaya Raghwan  
Paul Johnston  
Mark Bush  
Jim Banks  
Barbara Kirk  
Vesna Ljubičić  
Gaudencio Montaos  
Alonso  
Rozalind Murphy  
Sharni Laffan  
Marc Darlington  
Liam O'Brien  
Nancy Phillips  
Daranee Thepthong  
Ashley  
Ana Al-Adhami  
Linda Dwyer  
Carmen Azzopardi  
Rudy Mercado  
Wigglesworth Family  
Brigitte Gurtler  
Kathy Morris  
Pedro Avines

### Anniversaries

Felicity Jane Malouf  
Sebastiano Mammoliti-20yrs  
Lualhati Aquino  
Dominador Aquino  
Elena Micu  
Anthony Lim  
Rita Moran  
Domindar Aquino Junior and Renato Aquino

### Recently Deceased

Keith Crowley  
Ben Cassar  
Cyril Jolicoeur

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.

[Prayer Requests](#)

Every night, thousands of Australians experience homelessness, but it doesn't have to be that way. For the 12th year Keith Cantlie is taking part in the Vinnies CEO Sleep out to raise money for the St Vincent de Paul Society to support those who are struggling and in need. For one night, he'll be sleeping rough (three pieces of cardboard, sleeping bag and a pillow) at Parliament House Canberra (Vinnies House for the night!) to raise awareness and bring home the realities of homelessness. To help break the devastating cycle of homelessness he needs your support. All donations help support those in need across Canberra.

Donate here at <https://www.ceosleepout.org.au/fundraisers/keith-cantlie-cantlie>



**VINNIES CEO SLEEPOUT**  
20 JUNE 2024

*I've just signed up for the*  
**VINNIES CEO SLEEPOUT**  
ON 20 JUNE 2024

More than 116,000 people will be homeless across Australia tonight. I'm sleeping out to help break the cycle of homelessness.

Support me in my quest to reduce homelessness by making a donation on my profile  
[www.ceosleepout.org.au/fundraisers/keith-cantlie-cantlie/act](http://www.ceosleepout.org.au/fundraisers/keith-cantlie-cantlie/act)

Many thanks,

*Keith*  
CEO  
Cantlie

[ceosleepout.org.au](http://ceosleepout.org.au)

Grill'd & God Returns! If you or someone you know is in high school from years 8 to 12, join us on the 21st of May for a night of live music, food and great conversations! Kick starting a youth 'Theology of the Body series', our first session is on 'Rizz & God' – all about finding authentic love amidst a culture of red flags. Join us on Tuesday the 21st of May, from 5pm to 7pm at Grill'd in Manuka! For questions or enquiries, and to let us know you're coming, email Anita Donaldson at [youth.cathedral@cg.org.au](mailto:youth.cathedral@cg.org.au)



# RIZZ & GOD

*Flippin' burgers, findin' purpose.*

**Teens | Yr 8-12**

Tuesday May 21st | 5pm - 7pm  
*Music + Food + Discussion*

Grill'd | Manuka  
1/40-42 Franklin St, Griffith ACT 2603

**Register! Link in bio**  
<https://forms.gle/8yFFianFiUvcYjrt6>

**GRILL'D & GOD**  
*Theology of the Body Series*

**RIZZ & GOD**  
*Flippin' burgers, findin' purpose.*

**Fr Trenton**  
Cathedral Administrator

**Zoa**  
Youth Ministry Officer

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# Women's Breakfast

The Women's breakfast held recently in the Parish Rooms was enjoyed by all who attended. The morning started with tea and coffee and was followed by a simple breakfast of fruit, yoghurt, ham and cheese croissants and plain croissants plus a gluten free savoury slice and freshly made scones, jam and cream.

Breakfast was followed by a short reflection and prayers of intercession.

The early morning get together was attended by a diverse age range of women and cultures which blessed every one of us.

Tea and coffee was enjoyed throughout the morning and if the level of noise from the shared conversations was an indication of a successful event, this was 'way up there'.

Thanks to the leaders from the Call to Connect groups in the Parish for hosting this Parish event.

PS We've had feedback that the 8.45am start was a little too early for some, so the next gathering will hopefully be a morning tea with a later start time!



## Introducing Sustainability Sunday

Not only do we celebrate the *Feast of Pentecost* this weekend, it is also the beginning of *Laudato Si' Week*. For more information about *Laudato Si' Week*, please take a copy of the Social Justice Group's newsletter which is available in the Church foyer. There will also be a range of pamphlets and information on the table near the coffee and tea tables after the 9.30am Mass this weekend.

To continue our theme and commitment to caring for our common home – the earth and God's people – the Friends of the Social Justice Group would like to introduce **Sustainability Sunday next weekend, 25/26 May after all Masses.**

To start the ball rolling, next weekend and on the LAST weekend of each month you are invited to bring the following items to the Church and place them in the tubs in the foyer:

- Clean plastic milk/UHT, water and soft drink bottle **lids**
- Plastic and foil medicine blister packs
- Old mobile phones



A member of the Friends of the Social Justice Group will be there to help you and children are invited to stay for 5-10 minutes after Mass to help sort plastic lids, blister packs etc.

As we don't have room in the Church foyer for tubs to be left there permanently for collection of the above items, we ask that you **only bring recyclable items on the last weekend of each month.**

Thank you for your support and we look forward to increasing the range of recyclable items over the next 12 months.

For more information, please contact Maureen Hilton at [maureenhilton@gmail.com](mailto:maureenhilton@gmail.com)

HOLY SPIRIT PARISH

# Youth GROUP

**Year 4-6 Students**

Pizza Night! Bring \$5

Sunday 19 May 6PM - 7:30PM

**PIZZA • FUN • GAMES**

RSVP: [theivani@holyspiritgungahlin.org.au](mailto:theivani@holyspiritgungahlin.org.au)

93 Burdekin Ave, Amaroo

[www.holyspiritgungahlin.org.au](http://www.holyspiritgungahlin.org.au)



*You're invited!*  
**pentecost**  
*celebration*

Join Holy Spirit Parish to celebrate our Church birthday.

Fun for the whole family.

*includes:*

Multicultural Mass

Sausage Sizzle

Birthday cake celebration

Giant chalk drawings

Please bring a plate of food to share  
and dress in your traditional attire.



**Sunday 19 May 2024**

**After 9.30am Mass**



## Pentecost Sunday Year B

### Entrance Antiphon | Wisdom 1:7

Men of Galilee, why gaze in wonder at the heavens?  
This Jesus whom you saw ascending into heaven  
will return as you saw him go, alleluia.

### First Reading | Acts of the Apostles 2:1-11

A reading from the Acts of the Apostles

They were all filled with the Holy Spirit, and began to speak different languages.

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

### Responsorial Psalm | Ps 103:1.24, 29-31 34: R

(R.) Lord, send out your Spirit  
and renew the face of the earth.

1. Bless the Lord, my soul!  
Lord God, how great you are,  
How many are your works, O Lord!  
The earth is full of your riches. (R.)
2. You take back your spirit, they die,  
returning to the dust from which they came.  
You send forth your spirit, they are created;  
and you renew the face of the earth (R.)
3. May the glory of the Lord last for ever!  
May the Lord rejoice in his works!  
May my thoughts be pleasing to him.  
I find my joy in the Lord. (R.)

### Second Reading | Galatians 5:16-25

A reading from the letter of St Paul to the Galatians

If you are guided by the Spirit you will be in no danger of yielding to self-indulgence, since self-indulgence is the opposite of the Spirit, the Spirit is totally against such a thing, and it is precisely because the two are so opposed that you do not always carry out your good intentions. If you are led by the Spirit, no law can touch you. When self-indulgence is at work the results are obvious: fornication, gross indecency and sexual irresponsibility; idolatry and sorcery; feuds and wrangling, jealousy, bad temper and quarrels; disagreements, factions, envy; drunkenness, orgies and similar things. I warn you now, as I warned you before: those who behave like this will not inherit the kingdom of God. What the Spirit brings is very different: love, joy, peace, patience, kindness, goodness, trustfulness, gentleness and self-control. There can be no law against things like that, of course. You cannot belong to Christ Jesus unless you crucify all self-indulgent passions and desire.

Since the Spirit is our life, let us be directed by the Spirit.

### Gospel Acclamation | Matthew 28:19. 20

Alleluia, alleluia!

Come, Holy Spirit, fill the hearts of your faithful  
and kindle in them the fire of your love.  
Alleluia!

### Gospel | John 15:26-27; 16:12-15

Jesus said to his disciples:

'When the Advocate comes,  
whom I shall send to you from the Father,  
the Spirit of truth who issues from the Father,  
he will be my witness.

And you too will be witnesses,  
because you have been with me from the outset.

I still have many things to say to you  
but they would be too much for you now.

But when the Spirit of truth comes  
he will lead you to the complete truth,

since he will not be speaking as from himself  
but will say only what he has learnt;

and he will tell you of the things to come.  
He will glorify me,

since all he tells you

will be taken from what is mine.

Everything the Father has is mine;

that is why I said:

All he tells you will be taken from what is mine.'

### Communion Antiphon | Acts of the Apostles 2:4,11

They were all filled with the Holy Spirit and spoke of the marvels of God, Alleluia.

Source: Liturgy Help © 2024

## Pentecost Day Prayer

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your spirit and they shall be created. And you shall renew the face of the earth. O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy his consolations, through Christ Our Lord. Amen.



## WE NEED YOUR FINANCIAL SUPPORT

### First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
2. Tap and Go machines or Qkr!

### Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
3. Tap and Go machines or Qkr!



## CONNECT WITH US

**Parish Priest:** Fr Troy Bobbin

**Assistant Priest:** Fr Eden Langlands

### Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622

Website: [www.holyspiritgungahlin.org.au](http://www.holyspiritgungahlin.org.au)

**Parish Manager:** Theivani Evers

E: [theivani@holyspiritgungahlin.org.au](mailto:theivani@holyspiritgungahlin.org.au)

P: 0472 921 518

**Parish Secretary:** Jovina John Britto

[office@holyspiritgungahlin.org.au](mailto:office@holyspiritgungahlin.org.au)

**Office Support:** Anne Smart

E: [officesupport@holyspiritgungahlin.org.au](mailto:officesupport@holyspiritgungahlin.org.au)

**Finance Officer/ Planned Giving:** Tony Rose

E: [gungahlin.finance@cg.org.au](mailto:gungahlin.finance@cg.org.au)

**Parish Pastoral Council (PPC):** Sean Ryan

E: [sean.ryan.cdss@gmail.com](mailto:sean.ryan.cdss@gmail.com)

Download our parish app: [Pocket Parish from App Store](#) or [Google Play](#).

## Parish Groups

**Craft Group** | Beth Forshaw  
Mondays 1:00pm Parish Office

**St Vincent de Paul** | Drazen Roginic President  
P: 0401 669 301  
E: [Drazen.Roginic@vinnies.org.au](mailto:Drazen.Roginic@vinnies.org.au)

**Call to Connect** | Maureen Hilton  
M: 0431 123 465

**Holy Spirit Prayer Group** | Kathy Torcasio 0401 920 028  
Wednesdays at 7:30pm in the church

**Social Justice Group** | Peter Petersen  
E: [socialjustice.hsp@gmail.com](mailto:socialjustice.hsp@gmail.com)

**Legion of Mary** | Grace Magbutay  
E: [office@holyspiritgungahlin.org.au](mailto:office@holyspiritgungahlin.org.au)

**Youth Ministry**  
E: [office@holyspiritgungahlin.org.au](mailto:office@holyspiritgungahlin.org.au)

**Care Group** | Sonja Vocisano  
P: 0438 699 591

**Community Garden Group** | Parish Office  
E: [theivani@holyspiritgungahlin.org.au](mailto:theivani@holyspiritgungahlin.org.au)

### St Francis Xavier Social Group

Greg Farrugia 0412 299 549 [gjvita@gmail.com](mailto:gjvita@gmail.com)

Gabrielle O'Kane 0417 464 216 [okane.hall@gmail.com](mailto:okane.hall@gmail.com)