



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

1-2 June 2024

The Most Holy Body and Blood of Christ | Year B



Holy Spirit Amaroo

Monday

No Mass
Office closed

Tuesday

9:15am Mass

Wednesday

8:20am John Paul II College
9:15am Mass
6pm Holy Hour and
Reconciliation

Thursday

9:15am Mass

Friday

7:00am Mass
12:00pm Mass

Saturday

4:30pm Reconciliation
5:00pm Mass

Sunday

8:00am Mass
9:30am Mass
5:00pm Mass

Holy Things of Holy People

A friend was confined to a nursing home by a serious stroke. After twenty-five years of being a daily communicant, he spent long weeks without being able to participate in the Mass. Though it seemed to many that he had worse things to worry about, this was the source of his greatest unhappiness. So finally his friends smuggled in a priest to celebrate Mass around his bed.

All went well until we reached the time for communion. When the priest offered my sick friend the cup, he looked up apprehensively from his bed. The doctor had warned him not to drink any liquid that was not artificially thickened, or he could choke to death. Though the situation wasn't exactly covered by canon law, without deliberation the priest added some of the powered thickening agent to the chalice. Together, we drank from the common cup, the precious Blood now considerably thicker than water.

The feast we celebrate this week isn't just about the bread and wine we share in Eucharist, but the Most Holy Body and Blood of Christ we are to one another. We share one cup, one life, one suffering, and one victory. No Eucharist I've ever shared was more foul to drink or more a sign of our radical unity in Christ, than that thickened cup in the nursing home. It helped us all to see our wonderful sacrament more clearly.

How does the Eucharist enable you to participate in the unity of Christ?

Pray

The hands of God uphold you. The hands of the Saviour enfold you. The hands of the Spirit surround you. And the blessing of God; Trinity of love, peace, and justice, uphold you for evermore. Amen.

Ponder

God calls us to be holy people. We respond with a life attentive to prayer, scripture and sacrament. We also reply by consecrating every day to the work of the Spirit. Begin each day by invoking the Spirit's guidance.

Kids' Corner

Jesus took the bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body." (Mark 14: 22)

At Mass today, you will see and hear the priest consecrate bread with Jesus' words: "This is my Body." If you receive holy Communion, you will hear the words, "The Body of Christ." Through the work of the Holy Spirit and the actions of the priest, Jesus is truly present in the Eucharist. What an amazing, loving and powerful gift! And Jesus is still present, even after Mass is over. After you receive him in holy Communion, you bring Jesus everywhere you happen to go! Jesus is also present in church in an important way. Here's how: After Mass, the Communion hosts are placed in the tabernacle. This is a beautiful container, sometimes made of marble, silver, gold or brass. A lit candle is near it to guide you to Jesus. Look for it today, and know Jesus is there in a special and very real way!

Jesus, may we experience you today in the many different ways you come to us.
Amen. www.gpbs.com.au



St Francis Xavier Hall

Saturdays 5:00pm

Parish News and Events

- * **First Saturday Rosary 1 June 2024** after 5pm Mass
- * **Tuesday 11 June from 7:30pm-9:00pm | Plenary Council Findings Report** All are invited to attend a session on discussing the plenary council outcomes and to determine which few our parish should be focusing on in the lead up to the Archdiocesan Assembly.

Guest speakers include: John Warhurst, Fr John Woods, Sr Clare Condon and Bridget Cooney. Tea/Coffee, Wine and Cheese will be provided. Please RSVP to the parish office.

- * **Parish Games Night.** Saturday 17 August 2024. Start gathering your table of 10 friends. Donations of wine, chocolates and gift cards Welcome! More Details to come soon.



- * **TLIG PRAYER MEETING Sunday 2 June at 3:30-4:45pm** in the Church meeting room. (Prayer & Fellowship). Bring your rosary beads. All are welcome. The 5:00pm Mass will follow immediately for those interested in attending this Mass. For further information on the True Life of God Messages visit the Parish website. Contact: Tom Kalliath: 0434 689 957 or Tony Cassar : 0497 804 676.

Please keep the following individuals in prayer.....



For those who are sick

Elisabeth Faith O'Connell
Kwang Hui Lim
Elizabeth
Adriano Cesar Junior
Maria Teresa Meireles
Theresa and Joseph Tan
Tony Johnston
Jaya Raghwan
Paul Johnston
Mark Bush
Jim Banks
Barbara Kirk
Vesna Ljubičić
Gaudencio Montaos
Alonso
Rosalind Murphy
Sharni Laffan
Marc Darlington
Liam O'Brien
Nancy Phillips
Daranee Thepthong
Ashley
Ana Al-Adhami
Linda Dwyer
Carmen Azzopardi
Rudy Mercado
Wigglesworth Family
Brigitte Gurtler
Pedro Avines
Joseph Crnjac
Alan Demascus
William Peele
Jeffrey Gonzalez
Rita Looney



Youth Group | Fortnightly Sundays 6:00pm-7:30pm
(2 June, 16 June, 30 June)

Come along to the parish centre. \$5 Donation for food and snacks. Contact Theivani at the Parish office.

Welcome to our new Parish Secretary



We are pleased to announce that Jovina John Britto joined us as our Parish Secretary. Jovina will be working in the office on Wednesdays to Fridays. Jovina brings with her many valuable skills and talents to serve our parish community. We wish her every success in her new role and ask everyone to join in welcoming her. We thank everyone who showed an interest in the role.

Anniversaries

John Weeks
Miroslav (Mirko) Vondrus
Josefina Dequina
Tina Milin
Ranjet Singh

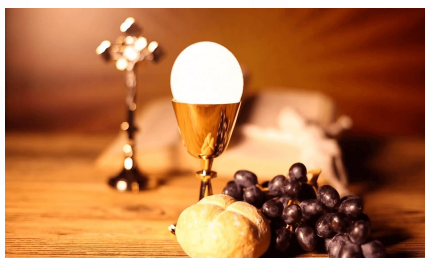
Recently Deceased

Kathryn Morris

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.

Prayer

My Eucharistic Lord, please instil in me a profound love for You Who are truly present in the Most Holy Eucharist. May I always adore You, believe in You, hope in You, and love You. I pray that my faith and devotion to You in this Most Holy Sacrament will more fully unite my soul to Yours and that my love and devotion will be a source of reparation for the indifference with which You are so often treated. Jesus, present in the Most Holy Sacrament of the Altar, I trust in You!



[Prayer Requests](#)



I've just signed up for the
**VINNIES
 CEO SLEEPOUT**
ON 20 JUNE 2024



Every night, thousands of Australians experience homelessness, but it doesn't have to be that way. For the 12th year Keith Cantlie is taking part in the Vinnies CEO Sleep out to raise money for the St Vincent de Paul Society to support those who are struggling and in need. For one night, he'll be sleeping rough (three pieces of cardboard, sleeping bag and a pillow) at Parliament House Canberra (Vinnies House for the night!) to raise awareness and bring home the realities of homelessness. To help break the devastating cycle of homelessness he needs your support.

All donations help support those in need across Canberra.

Donate here at <https://www.ceosleepout.org.au/sponsor?kw=keith+cantlie>

More than 116,000 people will be homeless across Australia tonight. I'm sleeping out to help break the cycle of homelessness.

Support me in my quest to reduce homelessness by making a donation on my profile
www.ceosleepout.org.au/fundraisers/keith-cantlie-cantlie/act

Many thanks,

Keith
**CEO
 Cantlie**


ceosleepout.org.au



Keith and Anne Cantlie will be holding a "mini fair" after each Mass this weekend. There are lots of goodies up for grabs and there will also be a few mini raffles happening too. Don't miss out and be sure to bring cash to support this great cause. Card is accepted also! All funds raised support the CEO Sleepout and St Vincent de Paul in the vital work they do.

Holy Spirit Parish Gungahlin invites you to

HOLY HOUR



Adoration and Reconciliation **Praise and Worship**

6pm - 7pm Wednesday 18 June
Holy Spirit Church Gungahlin
93 Burdekin Avenue, Amaroo

Please contact office@holyspiritgungahlin.org.au for more information



HOLY SPIRIT PARISH GUNGAHLIN

Youth GROUP

Years 4-6

2 June, 16 June, 30 June

6PM - 7:30PM

FUN • FRIENDSHIP • FOOD

bring \$5 to cover food!

theivani@holyspiritgungahlin.org.au

Readings for The Most Holy and Blood of Christ Year B

Entrance Antiphon Psalm 80:17

He fed them with the finest wheat
and satisfied them with honey from the rock.

First Reading | Exodus 24:3-8

A reading from the book of Exodus

This is the blood of the Covenant that the Lord has made with you.

Moses went and told the people all the commands of the Lord and all the ordinances. In answer, all the people said with one voice, 'We will observe all the commands that the Lord has decreed.' Moses put all the commands of the Lord into writing, and early next morning he built an altar at the foot of the mountain, with twelve standing-stones for the twelve tribes of Israel. Then he directed certain young Israelites to offer holocausts and to immolate bullocks to the Lord as communion sacrifices. Half of the blood Moses took up and put into basins, the other half he cast on the altar. And taking the Book of the Covenant he read it to the listening people, and they said, 'We will observe all that the Lord has decreed; we will obey.' Then Moses took the blood and cast it towards the people. 'This' he said 'is the blood of the Covenant that the Lord has made with you, containing all these rules.'

Responsorial Psalm | Ps 115:12-13. 15-18. R. v.13

R.) I will take the cup of salvation,
and call on the name of the Lord.

1. How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name. **(R.)**
2. O precious in the eyes of the Lord
is the death of his faithful.
Your servant, Lord, your servant am I;
you have loosened my bonds. **(R.)**
3. A thanksgiving sacrifice I make:
I will call on the Lord's name.
My vows to the Lord I will fulfil
before all his people. **(R.)**

Second Reading | Hebrews 9:11-15

A reading from the letter to the Hebrews

The blood of Christ will purify our inner selves.

Now Christ has come, as the high priest of all the blessings which were to come. He has passed through the greater, the more perfect tent, which is better than one made by men's hands because it is not of this created order; and he has entered the sanctuary once and for all, taking with him not the blood of goats and bull calves, but his own blood, having won an eternal

redemption for us. The blood of goats and bulls and the ashes of a heifer are sprinkled on those who have incurred defilement and they restore the holiness of their outward lives; how much more effectively the blood of Christ, who offered himself as the perfect sacrifice to God through the eternal Spirit, can purify our inner self from dead actions so that we do our service to the living God.

He brings a new covenant, as the mediator, only so that the people who were called to an eternal inheritance may actually receive what was promised: his death took place to cancel the sins that infringed the earlier covenant.

Gospel Acclamation | John 6:51-52

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever.

Alleluia!

Gospel | Mark 14:12-16, 22-26

A reading from the holy Gospel according to Mark

This is my body. This is my blood.

On the first day of Unleavened Bread, when the Passover lamb was sacrificed, his disciples said to Jesus, 'Where do you want us to go and make the preparations for you to eat the passover?' So he sent two of his disciples, saying to them, 'Go into the city and you will meet a man carrying a pitcher of water. Follow him, and say to the owner of the house which he enters, "The Master says: Where is my dining room in which I can eat the passover with my disciples?" He will show you a large upper room furnished with couches, all prepared. Make the preparations for us there.' The disciples set out and went to the city and found everything as he had told them, and prepared the Passover.

And as they were eating he took some bread, and when he had said the blessing he broke it and gave it to them. 'Take it,' he said 'this is my body.' Then he took a cup, and when he had returned thanks he gave it to them, and all drank from it, and he said to them, 'This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God.'

After psalms had been sung they left for the Mount of Olives.

Communion Antiphon | John 6:7

Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.

Source: Liturgy Help © 2024



19TH ANNUAL ST THOMAS MORE LECTURE

ENGAGING AN AI GENERATION

FRIDAY 14 JUNE 2024 | 6.45PM FOR 7.30PM



Keynote Speaker: **Fr Rob Galea**

Founder FRG Ministry

We will soon be a generation surrounded by Artificial Intelligence. How can the Catholic Church utilise this intelligence to reach out and draw young people to Christ?

Fr Rob Galea is a Catholic Priest currently serving in Sandhurst Diocese, Victoria after moving to Australia from Malta, his home country. He is the founder and executive director of FRG Ministry, a charity organisation that ministers to over 1.4 million people each year globally.

Fr Rob is an internationally acclaimed author, singer, and songwriter with one book (*Breakthrough*), and eight album releases. After being selected to sing and write the English and International versions of the official 2008, 2016, and 2019 World Youth Day songs, Fr Rob entered the realm of the cast of musicians having performed in some

key events before an estimated single live audience of over 1 million people. He has been featured in newspapers, magazines and TV shows worldwide, and was a contestant in Australia's 2015 The X Factor. Fr Rob's book *Breakthrough* is intended to be released as a Hollywood movie in 2025.

Fr Rob has a significant evangelistic and outreach ministry as a speaker to students and teaching staff, as well as speaking and singing at conferences and churches globally.

Whilst greatly appreciating his gifts, he recognises that before everything he is a follower of Christ, a priest and only then, a speaker, musician and artist.

Venue: **Mercure Hotel,**
Limestone Avenue, Braddon ACT 2618

Cost: **\$99.00 (Dinner and wine)**
Canapes and complimentary glass of sparkling wine on arrival, followed by a two course dinner with a bottle of red and white wine per table and tea/coffee.

RSVP: **11am Friday 7 June 2024**
forum@stthomasmore.org.au | 0416 823 447



ST
THOMAS
MORE
PARISH
AND
FORUM
DINNER
2024

Online booking and payment by credit card is required for seating and catering purposes.

REGISTER NOW <https://bit.ly/stmf-140624>

Please contact the Parish Office 0416 823 447, if you would prefer not to book online.

Bookings Close Friday 7 June 2024

The St Thomas More Forum is part of St Thomas More Parish, Campbell.

stthomasmore.org.au/forum

 @stthomasmoreforum



ACU CENTRE
FOR LITURGY

Speaking
awesome
words



Endorsed by the
Australian Catholic
Bishops Conference

Lector ministry training



Ministers of the Word bring Sacred Scripture to life in the liturgical assembly. Proclaiming God's Word well requires specialised training, careful preparation and practise.

This two-day interactive face-to-face training program features quality liturgical content and offers practical exercises in a supportive and engaging environment.

The program promotes a rich understanding of liturgy, ministry, the Lectionary and the Liturgical Year. It examines different literary forms in the Bible as well as the spiritual and technical preparation required for ministry. Many practical skills associated with proclamation are explored in depth.

The program also includes guidance on how to write the Prayer of the Faithful, the priestly prayer of the baptised. The proclamation of the Word in both the Easter and Pentecost Vigils, the Sequences and lay-led celebrations of the Word are also examined.

Disclaimer (February 2024): Information correct at time of printing. The university reserves the right to amend, cancel or otherwise modify the content without notice.

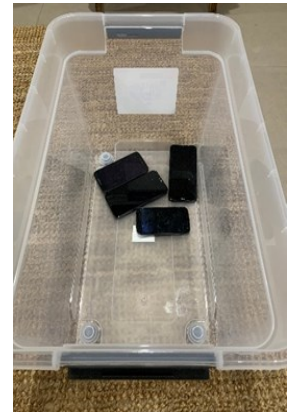
Sustainability Sunday/weekend kicked off last weekend with plastic and foil medicine blister packs winning the **highest number** of recyclable items received.



This was followed by CLEAN plastic milk bottle tops and



Old mobile phones



Thank you to everyone who brought items for recycling and thanks to those people who asked questions. Please remember that we don't have room in the Church foyer for tubs to be left there permanently for collection of the above items, so we ask that you **only bring recyclable items on the last weekend of each month.** **The next Sustainability Sunday/weekend will be held on the last weekend in June ie 29/30 June.**

For more information, please contact Maureen Hilton at maureenhilton@gmail.com or Hamish McNeice at hjmcneice@gmail.com

WE NEED YOUR FINANCIAL SUPPORT

First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
2. Tap and Go machines or Qkr!

Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
3. Tap and Go machines or Qkr!



CONNECT WITH US

Parish Priest: Fr Troy Bobbin

Assistant Priest: Fr Eden Langlands

Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622

Website: www.holyspiritgungahlin.org.au

Parish Manager: Theivani Evers

E: theivani@holyspiritgungahlin.org.au

P: 0472 921 518

Parish Secretary: Jovina John Britto

E: office@holyspiritgungahlin.org.au

Office Support: Anne Smart

E: officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Parish Pastoral Council (PPC): Vacant

E: office@holyspiritgungahlin.org.au

Parish Groups

Craft Group | Beth Forshaw

Mondays 1:00pm Parish Office

St Vincent de Paul | Drazen Roginic President

P: 0401 669 301

E: Drazen.Roginic@vinnies.org.au

Call to Connect | Maureen Hilton

M: 0431 123 465

Holy Spirit Prayer Group | Kathy Torcasio 0401 920 028

Wednesdays at 7:30pm in the church

Social Justice Group | Peter Petersen

E: socialjustice.hsp@gmail.com

Legion of Mary | Grace Magbutay

E: office@holyspiritgungahlin.org.au

Youth Ministry

E: office@holyspiritgungahlin.org.au

Care Group | Sonja Vocisano

P: 0438 699 591

Community Garden Group | Parish Office

E: theivani@holyspiritgungahlin.org.au

St Francis Xavier Social Group

Greg Farrugia 0412 299 549 gjvita@gmail.com

Gabrielle O'Kane 0417 464 216 okane.hall@gmail.com

Download our parish app: **Pocket Parish** from **App Store** or **Google Play**.