

# Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT Supporting and supported by Holy Spirit, Good Shepherd, Mother Teresa Primary Schools and St John Paul II College

29-30 June 2024

13th Sunday in Ordinary Time | Year B



#### **Holy Spirit Amaroo**

#### Monday

No Mass Office closed

#### Tuesday

9:15am Mass 7pm Christian Meditation

#### Wednesday

8:20am John Paul II College 9:15am Mass 6pm Holy Hour and Reconciliation

#### Thursday

9:15am Mass

#### **Friday**

7:00am Mass No 12:00pm Mass

#### Saturday

4:30pm Reconciliation 5:00pm Mass

#### Sunday

8:00am Mass 9:30am Mass 5:00pm Mass



St Francis Xavier Hall
Saturdays 5:00pm

#### **Clutching at Grace**

But when Jesus had sent them all out, he took the child's father and mother, along with his companions, and entered the child's room. He clasped the girl's hand and said, "Talitha koum," which means, "Little girl, get up." At that, she was up and walking around! This girl was twelve years of age. They, of course, were all beside themselves with joy. He gave them strict orders that no one was to know what had taken place in that room. Then he said, "Give her something to eat." (Mark 5: 40 - 43)

A man with a dying child; a woman desperately ill for a dozen years. Listening to these intertwined stories of miraculous healing, we know why the crowds were astounded. These two people found themselves in circumstances of great misery, and no one was able to help until Jesus arrived on the scene. Jairus, an official of the local assembly, took a risk in presenting himself to Jesus, who'd already been labelled a subversive for breaking Sabbath rest. But when your little girl is dying, you take chances. Jairus gambled on Jesus.

The bleeding woman was, if anything, more desperate still. She'd lived more than a decade ritually unclean, unable to be touched by her family, unable to participate in the life of the community. Her energy was constantly drained away, and she lived like a ghost, pale and unseen. Like Jairus, she clutched at grace when it came her way in the person of Jesus. If she paid any price for taking the risk, it was worth the hope of healing. People who dare to clutch at grace are not disappointed.

When have you seen grace save someone, when everything else failed?

#### Pray

God of all our longings, you are the fire that kindles our hearts with hope and possibility. You fill us with desire for life, and your hear our voices whether we shout for joy or cry out with sorrow. We trust in you and give thanks for your presence in all the stages of our life. Help us to be open to the movement of your Holy Spirit in our world. Amen.

#### **Ponder**

Consider an "unredeemable" aspect of your life: a broken relationship, an unhealed wound, an unshakable temptation. Imagine yourself as one who clutches at the clothes of Jesus asking to be saved. Make your request as confidently as the people in this week's gospel.

#### Kids' Corner

"Do not be afraid; just have faith." (Mark 5: 36)

One day, a man named Jairus came and fell down at Jesus' feet. Jairus was heart-broken because his daughter was dying. "Please," he begged Jesus, "come lay your hands on her that she may get well ..." (v. 23). Jesus went to Jairus, but soon they learned that the girl had died. Jesus said to Jairus, "Do not be afraid; just have faith." Imagine how difficult that was for Jairus! But when they got to Jairus' house, Jesus took the little girl's hand, and she got up. Jesus made her well! Jesus cares about you just as he cares for Jairus and his daughter. He calls you to have faith in him, just like Jairus. Remember, Jesus is always there for you.

Lord Jesus Christ, help me have faith in you always. Amen.

www.gpbs.com.au

Email: office@holyspiritgungahlin.org.au | Phone: 02 6242 9622 | www.holyspiritgungahlin.org.au

### **Parish News and Events**

- \* Christian Meditation | Tuesdays 7:00pm in the church
- \* Youth Group | Fortnightly Sundays 6:00pm-7:30pm
  Last one for Term 2, 30 June 2024. Book via Qkr—\$5 for food and snacks.
  Contact Theirani at the Parish office.
- \* TLIG PRAYER MEETING | Sunday 7 July at 3:30-4:45pm
  Prayer and fellowship in the Parish Office meeting room. Bring your rosary beads. All are welcome. The 5:00pm Mass will follow immediately for those interested in attending this Mass. For further information on the True Life of God Messages visit the Parish website. Contact: Tom Kalliath: 0434 689 957 or Tony Cassar: 0497 804 676.
- Parish Games Night. Saturday 17 August 2024. Start gathering your table of 10 friends. Donations of wine, chocolates and gift cards Welcome!

## Pastoral Visits to the Sick and Housebound

Fr Troy and Fr Eden are keen to know of people in the Gungahlin area who are sick and/or housebound and who may like to receive a home visit and/or Holy Communion.



Please let us know if we can help you, or pass this information onto family, friends or neighbours and encourage them to contact the Parish Office on 6242 9622 or <a href="mailto:office@holyspiritgungahlin.org.au">office@holyspiritgungahlin.org.au</a>

## Children's Sacramental Program 2024 Sacrament of Reconciliation

For children in Year 3 and above who are baptised Catholic wishing to receive the Sacrament of Reconciliation in 2024. Parent Information sessions will be held on **Tuesday 30 July at 1:00pm and 6:00pm** at the church.

The Sacrament of Reconciliation will be celebrated in September 2024



### **Becoming Catholic**

Interested in finding out about the Catholic faith or interested in becoming a Catholic?

If you, or anyone you know, would like to become a Catholic or to simply learn more about the Catholic faith, this process is a good place to start.

An introduction evening will be held in the Parish rooms in **mid August**.

To register your interest, please contact Theivani on <a href="mailto:theivani@holyspiritgungahlin.org.au">theivani@holyspiritgungahlin.org.au</a> or 0472921518

# Please keep the following individuals in prayer.....



#### For those who are sick Elisabeth Faith O'Connell

Kwang Hui Lim Elizabeth Adriano Cesar Junior Maria Teresa Meireles Theresa and Joseph Tan Tony Johnston Jaya Raghwan Paul Johnston Mark Bush Jim Banks Barbara Kirk Vesna Ljubičić Gaudencio Montaos Alonso Rozalind Murphy Sharni Laffan Marc Darlington Liam O'Brien Nancy Phillips Daranee Thepthong Ashley Ana Al-Adhami Linda Dwyer Carmen Azzopardi Rudy Mercado Wigglesworth Family Brigette Gurtler Pedro Avines Joseph Crniac Alan Demascus William Peele Jeffrey Gonzalez Rita Looney Mary Gardner Marie Lincoln Joy Newell Paloma Crowley

#### **Anniversaries**

Joseph Rayapu Vittoria Teuma Mary Rose

#### **Recently Deceased**

Candace Diumanay Erin Halligan Matthew Palmer Michael Taylor

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.

<u>Prayer</u> Reauests



## **Community News**

\* 6 July | Beethoven's Mass (Missa Solemnis) | 03:00 pm

The Canberra Choral Society, the National Capital Orchestra and The Llewellyn Choir present Beethoven's magnificent & Missa Solemnis in Llewellyn Hall under the baton of Music Director Louis Sharpe, Dan Walker Chorus Master & soloists: Sarah Darnley-Stuart, Emma Mauch, Ryan O'Donnell & Sitiveni Talei. Tickets <a href="https://premier.ticketek.com.au/">https://premier.ticketek.com.au/</a>

\* 13 July | Upcoming Marriage Preparation courses for engaged couples

FOCCUS - Evenings for the Engaged- Sat 13 & 20 July. SmartLoving – online, 9 lessons, learn at your own pace when suits you. For more information or to register go to www.marriagefamily.org.au Enquiries: Text 0405440463

\* 18 July | Poetry, Presence & Payday: Aquinas on the Eucharist | 7:00PM

To mark the occasion of the 750th anniversary of the death of St Thomas Aquinas and to coincide with the 50th anniversary of the founding of the parish of St Thomas Aquinas, Charnwood, a commemorative talk will be presented by Rev Dr Joseph Vnuk OP.

July 18, 2024 7:00pm St Thomas Aquinas Primary School Hall, 25 Lhotsky St Charnwood

\* 7 August | Tim Fischer Oration on Ethics in Public and Political Life 2024 | 6PM

We are at the crossroads in Australia in particular, and in the Western World in general. Fundamental human values are under great strain, and so an overarching societal narrative is becoming opaque. The Tim Fischer Oration aims to enlighten and encourage us to seek out and promote a free and fair society. Do join us in our noble endeavour. **Speaker:** Professor Helen Alvare, Levy Endowed Chair in Law and Liberty at Antonin Scalia Law School, George Mason University

**Q&A:** Chris Uhlmann, Political Journalist and TV Presenter **For more information & tickets visit www.tfo.org.au** 

\* 8 August | Save the Date: Archdiocesan Women's breakfast with Dr Helen Alvare

Thursday, 8 August, 7.30 - 9.00am Join us as we explore meaningful connections, marriage, family, career, mission and community-building. More details to come! Contact: <a href="mailto:communications@cg.org.au">communications@cg.org.au</a>

\* Vocations Discernment Dinners- alternating between a presbytery and the Archbishop's House
Second Thursday of the month. For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To rsvp please contact vocations director Fr
Emil emil.milat@cq.ora.au.







Join others from across the Archdiocese for a time of prayerful dialogue in the spirit of synodality on how faith can intersect and influence public and professional life, especially as an entry point for evangelisation.

Leading into our Archdiocesan Assembly (2024), this Roundtable will provide a forum for discernment and discussion on the realities, challenges and hopes of the public and professional sphere.



Where Online (Zoom) and In-Person (Haydon Hall, St Christopher's, Manuka)

When Tuesday 9 July | 6:30pm - 8:00pm

What Prayer + Discernment + Panel + Discussion + Contribution

How cgevangelisation.org.au/roundtables



#### Sustainability Sunday

#### This weekend – Holy Spirit Church and St Francis Xavier, Hall

Remember to bring to any of the Masses this weekend the following items and place them in the tubs at the entrance of the Church:

- Clean plastic milk/UHT, water and soft drink bottle <u>lids</u>
- Plastic and foil medicine blister packs
- Old mobile phones







A member of the Friends of the Social Justice Group will be there to help you, and children are invited to stay for 5-10 minutes after Mass to help sort plastic lids, blister packs etc.

As we don't have room in the Church foyer for tubs to be left there permanently for collection of the above items, we ask that you **only bring recyclable items on the last weekend of each month**.

Thank you for your support and we look forward to increasing the range of recyclable items over the next 12 months.

For more information, please contact Maureen Hilton at <a href="maureenhilton@gmail.com">maureenhilton@gmail.com</a> or Hamish McNeice at <a href="mailton@gmail.com">hjmcneice@gmail.com</a>

#### LIVING AS AN ADULT CATHOLIC IN TODAY'S WORLD

#### Information Night Wednesday 10 July at 6.30 in the Parish Centre

In late 2023, the Canberra Catenians conducted an Archdiocesan survey to find out what adult Catholics needed to help them live out their faith in contemporary society. Among other things, our parishioners who responded told us that:



- An overwhelming majority were looking for closer connections within the Parish;
- Almost everyone wanted activities in which both men and women participated equally; and
- Most are looking for ways to achieve a better understanding of their faith and how to live it.

So, now is the time to put words into action. All parishioners are invited to an Information Night as above:

- ♦ To hear a detailed summary of the survey's findings; and
- To discuss and offer ideas on ways of responding to the survey's findings in our Parish.

Please come along to hear what others have to say and to contribute your own ideas.

# Join Our Team Administrative Assistant | Casual 3-5 hours per week Tuesdays – 9.00am start

The position of Administration Support Officer at Holy Spirit Parish has become available. This role has responsibility for preparing the monthly ministry rosters, organising training sessions for ministries, maintaining the parish database, recording Copyright information, conducting Working with Vulnerable People checks and providing administrative support as required. Knowledge and experience with MS Office Suite especially Excel. Experience with client management systems. Have a friendly and welcoming attitude towards people and a pleasant telephone manner. For the full job description and selection criteria, please visit our parish website.

#### **Applications**

To apply please provide a covering letter along with your Curriculum Vitae to Fr Troy Bobbin at <a href="mailto:recruitment@holyspiritgungahlin.org.au">recruitment@holyspiritgungahlin.org.au</a>. For more information, contact Theivani on 0472 921 518 or 6242 9622 (Tuesday to Friday).



JULY

and CEO Hannah Andrevski

MONDAY

22

11.30 for 12pm

2024

Enjoy a winter buffet style lunch with a glass of wine. Craft stall and raffle prizes will be available for purchase on the day.

Royal Canberra Golf Club 71 Bentham Street, Yarralumla \$75 per person



mccg.org.au

Scan to book or visit our website for more details.

Proceeds from this event will go to Marymead CatholicCare.



### **Vinnies Pantry Donations**

Dear parishioners—our pantry is getting low again. We need your help to fill the pantry with non-perishable grocery items to help our brothers and sisters in need. Thank you so much for always responding generously to our pantry call-out. Your continued support helps our Gungahlin Vinnies Conference to service our local families.

When it comes to donating to stock our pantry, please note that SIZE MATTERS... Our Vinnies team have put together a list to help us donate what will help the grocery recipients best:



- 500g Dolmio Pasta Sauce (or similar)
- ♦ 1kg Rice
- ♦ 1kg Weetbix
- ♦ 750g Cornflakes
- 250g Rolled Oats
- 200g Instant Coffee
- 50 bags Black Tea
- Sugar
- 420g Baked Beans
- 420g Spaghetti
- 425g Soup
- 420a Peas
- ♦ 420g Peas and Carrots
- ♦ 420g Corn Kernels



- 420g Legumes
- 420g Creamed Corn
- 420g Beetroot
- 425g Tuna
- ♦ 410g Tinned Fruit
- ♦ Hard Taco Shells
- ♦ Bottle of Pancake Mix
- Muesli Bars
- Instant Noodles
- 1 litre Long Life milk
- Jam and spreads
- Sweet and Savoury Biscuits





The above list is a guide, you may notices a few items when browsing the aisles that could work well for donation.

We want to ensure vulnerable families receive food that is nutritious and easy to access in a difficult situation. Therefore when purchasing pantry items please try to avoid the following:

- Junk food
- Items with packaging, which can be broken in transit
- Items that need can openers or special equipment (pop-top cans-whether for veggies, meat or fruit-are a plus)

## Thank You!!



Feed the hungry, and help those in trouble. Then your light will shine out from the darkness, and the darkness around you will be as bright as noon.

Isaiah 58:10



#### Ministry Rosters! We Need You!!

We invite parishioners to join our Mass ministries and other support ministries in the parish. In particular we currently need:

- ♦ Mass Coordinators (help priests by setting up for Mass) we especially need volunteers for Saturday and Sunday 5pm Masses
- PowerPoint operators (all Masses but especially Saturday and Sunday 5pm)

Further information can be found <u>here</u>. If you would like to volunteer, please complete the form in the foyer and place it in the box for the Parish Office, or use this link and please <u>sign up here!</u>.

Or you can email officesupport@holyspiritgungahlin.org.au

If you have any questions about the roles please contact the parish office. Full training is provided so do not need any prior knowledge.







#### Attention: Contributors who use envelopes

Please note that **Envelopes for the 2024-25 Year** are now available for collection in the church foyer.

Please also note that **the envelope for Sunday 30 June 2024 does not** have your **envelope number** on it as there are 53 Sundays this financial year. Please write your number on the top right-hand corner.

#### St Francis Xavier Church:

The monthly luncheon will be held on Sunday 30th June at The Lakes, Gungahlin at 12.00 o'clock. Everyone is welcome. For enquiries, or to book please contact Kate on 0415 787 880.



During the winter months when it is too cold to chat after Mass if you wish to meet for a coffee and chat, please join us at Daughters@Hall on every second Tuesday. The next get together will be Tuesday 2nd July.

#### **Championing Children's Welfare**

"Kindness to children, love for children, goodness to children – these are the only investments that never fail."

~ Henry David Thoreau ~

The welfare of our children is the cornerstone of a brighter future. In every child's laughter, we hear the echoes of tomorrow's potential; in their dreams, we glimpse the promise of a world yet to be. By nurturing their minds and hearts, we plant the seeds of compassion, innovation and resilience. Every act of kindness and support we offer today builds the foundation for a society rich in empathy and wisdom. Let us cherish and protect our children, for they are the architects of our destiny, the carriers of our hopes and the embodiment of all that is possible. When we invest in their well-being, we invest in a legacy of boundless possibilities and enduring hope.

"Dear Lord, bless and protect our children. Grant them safety, love and nurturing care. Guide us to support their growth, inspire their dreams and foster their happiness. May they flourish in a world filled with compassion and opportunity. Amen."

#### Readings for 13th Sunday in Ordinary Time Year B

#### Entrance Antiphon | Psalm 46:2

All peoples, clap your hands. Cry to God with shouts of joy!

#### First Reading | Wisdom 1:13-15; 2:23-24

Death was not God's doing, he takes no pleasure in the extinction of the living. To be – for this he created all; the world's created things have health in them, in them no fatal poison can be found, and Hades holds no power on earth; for virtue is undying.

Yet God did make man imperishable, he made him in the image of his own nature; it was the devil's envy that brought death into the world,

as those who are his partners will discover.

#### Responsorial Psalm | Ps 29:2. 4-6. 11-13. R. v.2

- (R.) I will praise you, Lord, for you have rescued me.
- I will praise you, Lord, you have rescued me and have not let my enemies rejoice over me.
   O Lord, you have raised my soul from the dead, restored me to life from those who sink into the grave. (R.)
- Sing psalms to the Lord, you who love him, give thanks to his holy name.
   His anger lasts but a moment: his favour through life.
   At night there are tears, but joy comes with dawn.
- The Lord listened and had pity.
   The Lord came to my help.
   For me you have changed my mourning into dancing,

O Lord my God, I will thank you for ever. (R.)

#### Second Reading | 2 Corinthians 8:7. 9. 13-15

You always have the most of everything – of faith, of eloquence, of understanding, of keenness for any cause, and the biggest share of our affection – so we expect you to put the most into this work of mercy too. Remember how generous the Lord Jesus was: he was rich, but he became poor for your sake, to make you rich out of his poverty. This does not mean that to give relief to others you ought to make things difficult for yourselves: it is a question of balancing what happens to be your surplus now against their present need, and one day they may have something to spare that will supply your own need. That is how we strike a balance: as scripture says: The man who gathered much had none too much, the man who gathered little did not go short.

#### Gospel Acclamation | 2 Timothy 1:10

Alleluia, alleluia!
Our Saviour Jesus Christ has done away with death and brought us life through his gospel. Alleluia!

#### Gospel | Mark 5:21-43

When Jesus had crossed in the boat to the other side, a large crowd gathered round him and he stayed by the lakeside. Then one of the synagogue officials came up, Jairus by name, and seeing him, fell at his feet and pleaded with him earnestly, saying, 'My little daughter is desperately sick. Do come and lay your hands on her to make her better and save her life.' Jesus went with him and a large crowd followed him; they were pressing all round him.

Now there was a woman who had suffered from a haemorrhage for twelve years; after long and painful treatment under various doctors, she had spent all she had without being any the better for it, in fact, she was getting worse. She had heard about Jesus, and she came up behind him through the crowd and touched his cloak. 'If I can touch even his clothes,' she had told herself 'I will be well again.' And the source of the bleeding dried up instantly, and she felt in herself that she was cured of her complaint. Immediately aware that power had gone out from him, Jesus turned round in the crowd and said, 'Who touched my clothes?' His disciples said to him, 'You see how the crowd is pressing round you and yet you say, "Who touched me?" But he continued to look all round to see who had done it. Then the woman came forward, frightened and trembling because she knew what had happened to her, and she fell at his feet and told him the whole truth. 'My daughter,' he said 'your faith has restored you to health; go in peace and be free from your complaint.'

While he was still speaking some people arrived from the house of the synagogue official to say, 'Your daughter is dead: why put the Master to any further trouble?' But Jesus had overheard this remark of theirs and he said to the official, 'Do not be afraid; only have faith.' And he allowed no one to go with him except Peter and James and John the brother of James. So they came to the official's house and Jesus noticed all the commotion, with people weeping and wailing unrestrainedly. He went in and said to them, 'Why all this commotion and crying? The child is not dead, but asleep.' But they laughed at him. So he turned them all out and, taking with him the child's father and mother and his own companions, he went into the place where the child lay. And taking the child by the hand he said to her, 'Talitha, kum!' which means, 'little girl, I tell you to get up.' The little girl got up at once and began to walk about, for she was twelve years old. At this they were overcome with astonishment, and he ordered them strictly not to let anyone know about it, and told them to give her something to eat.

#### Communion Antiphon | Cf Psalm 102:1

Bless the Lord, O my soul, and all within me, his holy name.

Source: Liturgy Help © 2024



## **BOOK NOW!**

Gather a few friends or let us place you on a table with other.

Book your tickets now via Qkr! (preferred) search Holy Spirit Parish



Or via this <u>link online</u>

Please contact the parish office if you have questions.

## HELP US WITH OUR GAMES NIGHT

We are seeking donations for our prizes for adults and children. Please bring these along to Mass or you can drop them off at the parish office.

We are happy to receive any of the following:

- Wines
- Boxed Chocolates
- Gift Vouchers
- Small Toys or Games
- Colouring Pencils/Crayons and Colouring Books
- Pre-packed gift hampers (non-perishable)
- Money for us to purchase prizes









We also need volunteers to help us run a few things.

If you would like to be involved, please contact Theivani: <a href="mailto:theivani@holyspiritgungahlin.org.au">theivani@holyspiritgungahlin.org.au</a> or 0472921518.



Fr Troy and Fr Eden would like to invite interested parishioners to join them for a meal. These lunch/dinners will be held on Thursdays at 12:30pm and 6:30pm respectively on the dates specified in the form below and they will be potluck style.

The lunch/dinner group will consist of about 10-12 parishioners plus our priests and will take place in the parish rooms. The dates will be allocated on a first come, first served basis so please get in there guick to secure your preference.

Please complete this online form to register your interest. https://forms.gle/Zrmp3Q8PBoQxqTot6

If you have any questions, please contact: their ani@holyspiritgungahlin.org.au

#### WE NEED YOUR FINANCIAL SUPPORT

**First Collection** (Supporting all priests of the Archdiocese)

- 1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
- 2. Tap and Go machines or Qkr!

Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

- 1. Click on https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/
- 2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
- 3. Tap and Go machines or Qkr!



#### **CONNECT WITH US**

Parish Priest: Fr Troy Bobbin

**Assistant Priest:** Fr Eden Langlands

#### Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622 Website: www.holyspiritgungahlin.org.au

Parish Manager: Theivani Evers

E: theivani@holyspiritgungahlin.org.au

P: 0472 921 518

Parish Secretary: Jovina John Britto E: office@holyspiritgungahlin.org.au

Office Support: Anne Smart

E:officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Parish Pastoral Council (PPC): Alison Weeks

E: alisonmweeks@bigpond.com

Download our parish app: Pocket Parish from App Store or Google Play.

#### **Parish Groups**

Craft Group | Beth Forshaw Mondays 1:00pm Parish Office

St Vincent de Paul | Drazen Roginic President

P: 0401 669 301

E: Drazen.Roginic@vinnies.org.au

Call to Connect | Maureen Hilton

M: 0431 123 465

Holy Spirit Prayer Group | Kathy Torcasio 0401 920 028

Wednesdays at 7:30pm in the church

**Social Justice Group** | Peter Petersen

E: socialjustice.hsp@gmail.com

**Legion of Mary** | Grace Magbutay

E: office@holyspiritgungahlin.org.au

#### **Youth Ministry**

E: office@holyspiritgungahlin.org.au

Care Group | Sonja Vocisano

P: 0438 699 591

Community Garden Group | Parish Office

E: theivani@holyspiritgungahlin.org.au

#### St Francis Xavier Social Group

Greg Farrugia 0412 299 549 gjvita@gmail.com Gabrielle O'Kane 0417 464 216 okane.hall@gmail.com