

Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT Supporting and supported by Holy Spirit, Good Shepherd, Mother Teresa Primary Schools and St John Paul II College

17th Sunday in Ordinary Time | Year B

Nothing Will Be Wasted

It's not a fair comparison, I grant you: but Elisha fed a hundred people with twenty loaves, and Jesus fed 5,000 with five loaves. If you do the math, it explains why people were even more anxious to follow Jesus. Plus, there are the inexplicable twelve baskets left over at the end of the meal that Jesus orchestrated. No wonder they wanted to carry him off and make him king.

But Jesus didn't come to regulate the economy of Israel or to provide welfare-towork programs. He didn't come to set up a medical clinic or to treat mental illness. Though Jesus does feed some of the hungry and heal some of the sick, by no means did he put an end to suffering in his time or for all time. He left that challenge up to his followers. Jesus simply presents himself as the source of divine abundance and invites us to come to the table and eat. This table's been serving meals for two thousand years, billions have been fed, and there's no end in sight to the feast.

What kind of hunger do you bring to the Eucharist? How have you been fed?

Pray

God of overflowing grace, we admit those times when we are timid to offer what we have, when we feel our gifts may be too small to make a difference, or when we belittle the offerings of others. Forgive us when we lack faith. There are times, too, when we are afraid to step forward, when we do not encourage others, when we do not dare, or risk, or trust. Forgive us when we lack faith. And there are times when we believe we know all that can be known and will not open ourselves to the wondrous possibilities of the love and grace you make known to us in Christ Jesus. Forgive us when we lack faith. Amen.

Ponder

Reflect on the way a good meal satisfies; food, drink, atmosphere, conversation, company. Maybe even candles and flowers. Compare that meal with the Eucharistic meal we share. Celebrate a holy communion each time you share a meal. You were all called to travel on the same road and in the same direction, so stay together, both outwardly and inwardly.

Kids' Corner

Hear the Word of the Lord ... (Jeremiah 7:2)

Jeremiah was a prophet who lived hundreds of years before Jesus came. Jeremiah shared the words that God spoke to him. He called people to turn back to God and do the right thing in their lives.

You hear God speaking in your life when you go to Mass. When you hear the lector, deacon or priest say the words "the word of the Lord" and "the Gospel of the Lord," you can know that it is truly God speaking to you right where you are. When you next go to Mass, pay close attention to the words you hear in the readings. What is God saying to you?

Loving God, open my heart to hear you speaking in my life. Amen.

www.gpbs.com.au

27-28 July 2024



Holy Spirit Amaroo

Monday No Mass Office closed

Tuesday 9:15am Mass 7pm Christian Meditation

Wednesday

8:20am John Paul II College 9:15am Mass 6pm Holy Hour and Reconciliation

> **Thursday** 9:15am Mass

> Friday 7:00am Mass

Saturday 4:30pm Reconciliation 5:00pm Mass

> Sunday 8:00am Mass 9:30am Mass 5:00pm Mass



St Francis Xavier Hall Saturdays 5:00pm

Parish News and Events

- * Christian Meditation | Tuesdays 7:00pm in the church
- Children Sacramental Program 2024 | Information Session 30 July 1:00pm and 6:00pm— For children in Year 3 and above who are baptised Catholic wishing to receive the Sacrament of Reconciliation in 2024. For more details please contact: Parish Program: <u>theivani@holyspiritgungahlin.org.au</u> Parish Catholic Schools: <u>mel.unwin@cg.catholic.edu.au</u>
- Tamil-English Bilingual Mass | Saturday 3 August at 5:00pm All are invited to attend Mass followed by a social gathering of delicious foods.
- * Good Shepherd School Hall Grand Opening | Tuesday 13 August at 9:00am Parishioners are invited to attend the official opening and blessing of our refurbished hall. RSVP by 7 August to Adriana.hindson@cg.catholic.edu.au
- Parish Games Night (Trivia Rounds). Saturday 17 August 2024. 6:15pm to 9:00pm. Sausage Sizzle \$10 for Adults. \$5 for under 12 years old. Book via Qkr or follow this link online
- Becoming Catholic Information Session | Wednesday 21 August at 7:00pm Interested in finding out about the Catholic faith or interested in becoming a Catholic? If you, or anyone you know, would like to become a Catholic or to simply learn more about the Catholic faith, this process is a good place to start. To register your interest, please contact Theivani on theivani@holyspiritgungahlin.org.au or 0472921518

Change to Mass Time

Tuesday 13 August 2024 - Due to the Hall Grand Opening event our 9:15am Mass will move to 12:15pm for that day only.

Tamil-English BILINGUAL MASS

Followed by social gathering

Saturday 3 August 2024 At 5:00pm 93 Burdekin Ave, Amaroo

All are welcome and no knowledge of Tamil is required to participate in this Mass!

Holy Spirit Catholic Parish, Gungahlin

Parishioners are invited to celebrate Mass with their cultural community at Holy Spirit Parish. If you would like to celebrate a Bilingual Mass for your cultural community, please contact Theivani at the parish office or theivani@holyspiritgungahlin.org.au Please keep the following individuals in prayer.....



For those who are sick Elisabeth Faith O'Connell Kwang Hui Lim Adriano Cesar Junior Maria Teresa Meireles Theresa and Joseph Tan Tony Johnston Jaya Raghwan Paul Johnston Mark Bush Jim Banks Barbara Kirk Vesna Ljubičić Alonso Rozalind Murphy Sharni Laffan Marc Darlington Nancy Phillips Ashley Ana Al-Adhami Linda Dwyer Wigglesworth Family Alan Demascus Jeffrey Gonzalez Mary Gardner Marie Lincoln Paloma Crowley Wongduean Sawasditas Nook Sawasditas Daranee Teapthong Judeth Barrett

Anniversaries

Jim Newell Lazarus Motha Kevin Norton Joshua Stewart Gaudencia Alcala Sem Anthony Cabardo

Recently Deceased

Bishop Kevin Manning Michael Taylor Cesar Balberona Amparo Lim Eufracia Olivar Tado Fr Peter Gannon Elizabeth Kevans Paloma Crowley

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.





BOOK NOW !

Gather a few friends or let us place you on a table with others.

Book your tickets now via Qkr! (preferred) search Holy Spirit Parish



Or via this link online

Please contact the parish office if you have auestions.

ELP US WITH OUR GAMES |

We are seeking donations for our prizes for adults and children. Please bring these along to Mass or you can drop them off at the parish office.

We are happy to receive any of the following:

- Wines
- Boxed Chocolates
- **Gift Vouchers**
- Small Toys or Games
- Colouring Pencils/Crayons and Colouring Books
- Pre-packed gift hampers (non-perishable)
- Money for us to purchase prizes

We also need volunteers to help us run a few things.

If you would like to be involved, please contact Theivani: <u>theivani@holyspiritgungahlin.org.au</u> or 0472921518.













ST MARY MACKILLOP FEAST DAY CELEBRATION 2024 8th August

We invite you to a day of celebration, prayer, pilgrimage and thanksgiving for SAINT MARY OF THE CROSS MACKILLOP FEAST DAY - 8TH AUGUST 2024 at

> Mary MacKillop Place, 80 William St, North Sydney

Mass times

8.00am in the Chapel 10am and 1pm on Glen Roy Green (bring a hat) 6.00pm in the Chapel 10.00am Mass will be livestreamed free via our website: <u>www.marymackillopplace.org.au</u> Link: https://www.youtube.com/embed/1ppmamzmOb0

Pray at the Tomb of St Mary MacKillop. Write your prayers of Petition. Reflect in the Chapel. Spend time in Alma Cottage–the place of St Mary's death.

Enjoy free entry into our Museum. Light meals and refreshments are available. Purchase memorabilia in our Café and Gift Shop.

> Accommodation available onsite. www.marymackillopplace.org.au Phone: +61 2 8912 4800

World Day for Grandparents and the Elderly 2024

The World Day for Grandparents and the Elderly is celebrated each year on the fourth Sunday in July, close to the feast of Saints Joachim and Anne, the grandparents of Jesus. This year the day will be celebrated on Sunday 28 July.



World Day for Grandparents and the Elderly 2024

The celebration of this special day was established by Pope Francis in 2021 to cherish the contributions made by

grandparents and the elderly and to remind us not to neglect them in their old age. This year's theme is "Do not cast me off in my old age".

Celebrating the role of grandparents and the elderly in our community is a good and worthwhile thing in any event, but this year the Pope has granted a plenary indulgence to people who participate in the various functions that will be held throughout the world on 28 July, or who devote time to actually or virtually visiting their elderly brothers and sisters in need or in difficulty (such as the sick, the lonely, the disabled).

What is an indulgence?

Indulgences have been widely misunderstood in the Church for some time, such misunderstandings have also led to their misuse in the past. However, they are gifts from God's mercy given to us through the Church in virtue of the merits of Jesus Christ, Mary and the Saints and we do well to understand these gifts and open ourselves to receive them! The Catechism of the Catholic Church describes indulgences as the remission of the temporal punishment due to sins that have already been forgiven (c.f. CCC 1471). As Catholics we know that God's Mercy is so great that no sin is beyond his forgiveness for those who return to his loving embrace. We also know that our sins damage us and have consequences even after we have been forgiven. When we pray for our departed loved ones we are praying for those who may be undergoing a final purification before they are admitted to the full happiness of heaven, this final purification is the consequence or "temporal punishment" due to sins committed in their lifetime.

An indulgence then, is a release from the consequences of sin and can be gained for one's own sake or for the sake of the holy souls in Purgatory. Indulgences are partial or plenary according as they remove either part or all of the temporal punishment due to sin. To obtain these incredible favours for ourselves or our departed loved ones, certain good works are required of us:

Conditions for an indulgence

The general conditions are:

- Detachment from any sins;
- attend sacramental confession;
- Receive Eucharistic communion, and;
- Pray for the intentions of the Pope.

For the World Day for Grandparents and the Elderly a person would also be expected to:

- Participate in one of the various functions that will be held throughout the world on 28 July, or;
- Devote adequate time to actually or virtually visiting their elderly brothers or sisters in need or in difficulty (such as the sick, the lonely, the disabled).

So think about celebrating this Sunday. You might bring your parents or grandparents along to Mass with you. Or you could visit grandparents or someone else you know and maybe share a cup of coffee or a meal, but mainly let them know they aren't forgotten. If your grandparents don't live close by you might give them a phone call or set up a virtual meeting. There are lots of possibilities.

Heavenly Father, bless our grandparents and all the elderly with health and happiness. May their wisdom guide us and their love surround us.

Grant them peace and joy, and may we honour and cherish them always. Amen.

Entrance Antiphon | Cf Psalm 67:6-7,36

God is in his holy place, God who unites those who dwell in his house; he himself gives might and strength to his people.

First Reading | 2 Kings 4:42-44

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. 'Give it to the people to eat,' Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted 'for the Lord says this, "They will eat and have some left over."' He served them; they ate and had some over, as the Lord had said.

Responsorial Psalm | Ps 144:10-11, 15-18. R. v.16

- (R.) The hand of the Lord feeds us; he answers all our needs.
- All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God. (R.)
- The eyes of all creatures look to you and you give them their food in due time. You open wide your hand, grant the desires of all who live. (R.)
- The Lord is just in all his ways and loving in all his deeds. He is close to all who call him, who call on him from their hearts. (R.)

Second Reading | Ephesians 4:1-6

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

Gospel Acclamation | Luke 7:16

Alleluia, alleluia! A great prophet has appeared among us; God has visited his people. Alleluia

Gospel | John 6:1-15

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

Communion Antiphon | Psalm 102:2

Bless the Lord, O my soul, and never forget all his benefits.

Source: Liturgy Help © 2024

Pastoral Visits to the Sick and Housebound

Fr Troy and Fr Eden are keen to know of people in the Gungahlin area who are sick and/or housebound and who may like to receive a home visit and/or Holy Communion.

Please let us know if we can help you, or pass this information onto family, friends or neighbours and encourage them to contact the Parish Office on 6242 9622 or <u>office@holyspiritgungahlin.org.au</u>





Finance Update (6 Months)

Parish Financial Facts That We Need To Be Aware Of That Are Highlighted In The Statistics Below

With declining mass attendances and the reduction in the number of Planned Givers and Pledged Amounts, the "glory" years of the past, where we achieved surpluses of over \$100,000, have truly vanished. As we move from a time of newly constructed buildings to entering the cycle of replacement, repairs and maintenance, we can expect ongoing substantial expenditure in this area for many years to come.

Overall, our income is above budget for the year, with planned giving increased due to a few new contributors and the growing use of the EFTPOS machines. Other, smaller sources of income, such as the Piety Stall, are providing some additional income. Expenditure is below budget for the year to date, primarily due to the departure of the parish secretary and the delay in appointing a replacement. Delays in planned capital expenditure have been offset by increased repairs and maintenance. Along with the rising cost of living we all face, we continue to incur higher expenses in the next quarter. Overall, we have an operating surplus for the moment.

Income & Expenditure (6 months) to 30/6/2024 and Some Past Performances (Excluding Loan Repayments)							
Planned Giver Numbers Income	Actual 31/12/2008 348	Actual 31/12/2015 334	Actual 31/12/2022 275	Actual 31/12/2023 253	Budget to 30/6/2024	Actual to 30/6/2024 235	Variance
Planned Giving/Second Collection	231,699	260,876	284,351	296,557	144,000	156,335	\$12,335
Weddings, Baptisms & Fu- nerals Sacramental, Chaplaincy &		12,975	21,040	11,085	6,200	5,825	(\$375)
Pastoral Programs.		31,525	31,060	19,395	9,000	9,870	\$870
Other Revenue	153,554	39,470	43,711	38,646	16,360	12,922	(\$3,438)
Total	385,253	344,846	380,162	365,683	175,560	184,952	9,392
Expenditure							
Administration	21,709	19,161	37,119	43,950	20,400	15,559	(\$4,841)
Priest's Cars and Superannu- ation Salaries, Super, A Leave & LSL	11,294 5,330	16,110 81 <i>,</i> 731	23,095 162,622	23,285 180,039	11,688 97,398	11,690 83,738	\$2 (\$13,660)
Insurances	16,651	21,847	30,997	26,445	8,962	8,906	(\$56)
Other Expenses	6,137	8,574	10,037	14,243	13,120	9,362	(\$3,758)
Appeals/Donations/Quotas	28,237	49,216	16,504	16,368	8,000	7,414	(\$586)
Capital Items		4,972	12,950	13,786	12,500	5,580	(\$6,920)
Overall Property Expenses	7,741	6,215	4,271	3,122	1,970	1,794	(\$176)
Repairs & Maintenance			58,319	5,056	7,500	13,751	\$6,251
Total	97,099	207,826	355,914	326,294	181,538	157,794	(\$23,744)
Net Surplus/(Deficit)	\$288,154	\$137,020	\$24,248	\$39,389	(\$5,978)	\$27,158	\$33,136

Capital Expenditure and Repairs and Maintenance Carried Out Over The Past Six Months					
Electrical works SFX Hall	Replacement of the electrical switchboard in the church meeting room Toilets refurbished, internal and external lighting improved				
Presbytery	A new oven was purchased for the Presbytery and various lights replaced and repaired				
Garden beds	Plants replaced, a new tree planted in the centre of roundabout and shrubs planted along wall.				
Church Eves (around the church) Repair and repaint.	Painting Works done by Frank Glanvic				

Community News

* 3 August | MARY MACKILLOP PILGRIMAGE

Please join Archbishop Christopher Prowse and the Parish of **St Peter's Pambula**, in commemorating Australia's first saint, Saint Mary of the Cross MacKillop. 11.00am (optional) Pilgrim's walk from Eden AFL grounds to Our Lady Star of the Sea Church. Refreshments will be available at Church. 12.00 noon Concelebrated Mass with Archbishop Christopher Prowse and visiting priests1.00 pm Lunch will be provided by the Parish of Pambula If there are any special dietary requirements, please make these known to us, by emailing our parish office at pambula@cg.org.au Please book in via following link <u>Archbishop's Mary MacKillop Pilgrimage</u>

* 6 August | National Vocations Week (4- 11 August)

During National Vocations Week (4-11 August) An Archdiocesan Vocations Holy Hour will be held at St. Christopher's Cathedral on Tuesday 6th August (Feast of the Transfiguration) It will include Adoration, Evening Prayer and Rosary

* 7 August | Tim Fischer Oration on Ethics in Public and Political Life 2024 | 6PM

We are at the crossroads in Australia in particular, and in the Western World in general. Fundamental human values are under great strain, and so an overarching societal narrative is becoming opaque. The Tim Fischer Oration aims to enlighten and encourage us to seek out and promote a free and fair society. Do join us in our noble endeavour. **Speaker:** Professor Helen Alvare, Levy Endowed Chair in Law and Liberty at Antonin Scalia Law School, George Mason University

Q&A: Chris Uhlmann, Political Journalist and TV Presenter For more information & tickets visit <u>www.tfo.org.au</u>

8 August | Archdiocesan Women's breakfast with Dr Helen Alvare Thursday, 8 August, 7.30 - 9.00am Join us as we explore meaningful connections, marriage, family, career, mission and community-building. More details to come! Contact: <u>communications@cg.org.au</u>

 * 10 August | Christ Our Firm Foundation Retreat | 10AM Queanbeyan parish Retreat open to all. Men and women (ages +18 +) are invited to join the Dominican Sisters of Saint Cecilia. The day will focus on renewing the foundations of the spiritual life and will include Talks, a Holy Hour, Confession and a time of Fellowship.

* 13 August | Marriage Preparation Courses

Upcoming Marriage Preparation courses for engaged couples: Tues 13th August 5-9pm plus a private follow up session at Marymead CatholicCare. *Engaged Encounter*- Sydney, Sat 17 & Sun 18 August. *SmartLoving* – online, 9 lessons, learn at your own pace when suits you. For more information or to register go to <u>www.marriagefamily.org.au</u> Enquiries: Text Helena Zobec on **0405 440 463**

Sustainability Sunday (weekend) The last weekend each month

This weekend is Sustainability Sunday (weekend). Please bring the following items to the Church as we continue to support Lids for Kids.

Medicine Blister packs

Lids for Kids would like us to **separate** the blister packs into those that are100% aluminum and those that are aluminum with plastic.



100% aluminum



50% aluminum/50% plastic

Lids

The lids that **Lids for Kids** collect to make furniture etc are – milk, soft-drink and water bottle lids only. Please remove and discard the foam insert. All are to be CLEAN and DRY.

Lids for Kids also collect lids that have plastic inside and push-pull lids. They give these to schools for craft etc. If you are bringing these lids, please **separate** them from the milk, soft-drink and water bottle lids.



Lids with plastic inside



Push/pull lids

E-waste

E-waste items include small electrical items including coiled cables, accessories and devices (please reset to factory settings).

Help Needed – it would be great if we could have helpers present at every Mass on Sustainability Sunday (weekend). All it requires is for you to be at Mass about 15 minutes before Mass begins and about 10 minutes after Mass to help people who want to make donations and to answer questions. We are trying to share the load and to make this easy for everyone involved. If you think you could help on the last weekend of the month and be that special person at the Mass you attend, could you please email me <u>maureenhilton@gmail.com or</u> call on 0431 123 465.

Thank you for your support and we look forward to increasing the range of recyclable items that **Lids for Kids** accept over the next 12 months.

For more information, please contact Maureen Hilton <u>at maureenhilton@gmail.com</u> or <u>Hamish McNeice at hjmcneice@gmail.com</u>

Lids for Kids – want to know more? Why not visit The Hub at 141 Canberra Avenue, Fyshwick or go to https://www.lids4kids.org.au/copy-of-about-us to find out more.



TREASURES OF TIME – CHERISHING OUR ELDERLY

"Age is an issue of mind over matter. If you don't mind, it doesn't matter." Mark Twain

Grandparents, and all the elderly for that matter, are treasures of our lives. They hold stories of the past, teaching us through their many experiences.

Their hands, though worn with age, have cared for us and helped us grow. Their wisdom, born from a life full of ups and downs, guides us in making better choices.

Spending time with them gives us a sense of comfort and reminds

us to appreciate the small things in life. Our grandparents in particular, connect us to our roots, sharing traditions, offering wisdom and values that shape who we are. The love they give is endless and their patience shows us the beauty of taking life slowly. Their memories and lessons are gifts, making every moment with them precious and meaningful.

So, don't forget our elderly, make the time to visit them, as it is guaranteed to bring joy and warmth to their hearts. Source: https://majellan.media/inspiration-and-our-elderly/

WE NEED YOUR FINANCIAL SUPPORT

CONNECT WITH US

First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname

2. Tap and Go machines or Qkr!

Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

1. Click on https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/

- 2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
- 3. Tap and Go machines or Qkr!

Parish Priest: Fr Troy Bobbin Assistant Priest: Fr Eden Langlands

Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622 Website: www.holyspiritgungahlin.org.au

Parish Manager: Theivani Evers

E: theivani@holyspiritgungahlin.org.au P: 0472 921 518

Parish Secretary: Jovina John Britto E: office@holyspiritgungahlin.org.au

Office Support: Anne Smart E:officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose E: gungahlin.finance@cg.org.au

Parish Pastoral Council (PPC): Alison Weeks E: alisonmweeks@bigpond.com

Download our parish app: Pocket Parish from App Store or Google Play.

Parish Groups

Craft Group | Beth Forshaw Mondays 1:00pm Parish Office

St Vincent de Paul | Drazen Roginic President P: 0401 669 301 | E: Drazen.Roginic@vinnies.org.au

Call to Connect | Maureen Hilton | M: 0431 123 465

Holy Spirit Prayer Group | Kathy Torcasio 0401 920 028 Wednesdays at 7:30pm in the church

Social Justice Group | Peter Petersen E: socialjustice.hsp@gmail.com

Legion of Mary | Grace Magbutay E: office@holyspiritgungahlin.org.au

Focolare Families Group | Anna 0416 689 986 E: focolareamaroo@gmail.com

Youth Ministry | E: office@holyspiritgungahlin.org.au

Care Group | Sonja Vocisano | P: 0438 699 591

Community Garden Group | Parish Office E: theivani@holyspiritgungahlin.org.au

St Francis Xavier Social Group Greg Farrugia 0412 299 549 <u>gjvita@gmail.com</u> Gabrielle O'Kane 0417 464 216 <u>okane.hall@gmail.com</u>

