



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

31 August-1 September 2024

22nd Sunday in Ordinary Time | Year B



Holy Spirit Amaroo

Monday

No Mass
Office closed

Tuesday

9:15am Mass
7pm Christian Meditation

Wednesday

8:20am John Paul II College
9:15am Mass
5:40pm Novena to Our Lady
6pm Holy Hour and
Reconciliation

Thursday

9:15am Mass

Friday

7:00am Mass

Saturday

4:30pm Reconciliation
5:00pm Mass

Sunday

8:00am Mass
9:30am Mass
5:00pm Mass

Be Doers of the Word

We invest so much in appearances, it's hard to imagine they don't matter. We're taught to believe that having the right face, clothes, and hair is what counts. We want to drive the cool car, have the proper schools on our resume, be seen with the beautiful people. When it comes to religion, we're tempted to go for the right look, too. We want to keep the proscribed days holy, observe the designated observances. We impress ourselves so well with this, sometimes, it's hard to imagine that God is not equally impressed.

We look on the outside of the cup; God looks within. No matter how we pretty up the outside, what's in our hearts is obvious at a glance. If we have no love, our obedience to the forms of religion is meaningless. In religion, appearances count for nothing. Bending the knee when our hearts do not bow gets us nowhere. Clasp our hands in prayer when we don't open our hands in charity betrays us. Speaking of God's love when not practising God's justice is a kind of blasphemy. Rituals are only as good as what they stand for. If there's nothing to confirm them in our living, they collapse like a house of cards.

What are the rituals of your religious practice? How do you support them in the way you live?

Pray

O God, giver of life, we turn away from what we understand about you and how you would have us live in the world. We hear your word and even understand it but then we don't put our whole heart into living by it. Help us risk living as if your word were implanted in us, impossible to deny or suppress. Amen.

Ponder

Choose a verse of Scripture, and do the word you hear. Find ways to put that word into action throughout the day. Continue to listen to the word more deeply each hour. Consider how the word has changed you by the end of the day.

Kids' Corner

Lucas was made. Anna said she would meet him at the shopping centre on Saturday, but then she forgot and went ziplining with Jack and his family. "Rotten old Jack," thought Lucas. "Maybe he'll crash into a tree." Then he stopped. "Wait, did I just hope Jack would get hurt?" Lucas said a quick prayer that went something like this: "I'm sorry, God. Please forgive me. Keep Jack and Anna safe." Then he called another friend to go with him to the shops.

Has someone made you angry lately? Don't let it wreck your day. Pray for them, and feel better.

Generous God, help me to bless people even when I don't feel like it. Amen.
www.gpbs.com.au



St Francis Xavier Hall
Saturdays 5:00pm

Father's Day Morning Tea
Sunday 1 September after 9:30am Mass —
please bring a plate to share



Parish News and Events

- * **Christian Meditation | Tuesdays 7:00pm** in the church
- * **Sunday 8 September 2024 | 10:45am**—The Focolare Families group will meet again in the Parish Rooms for about 45 minutes, all mums, dads and kids are invited. If you would like more information, please contact Anna on **0416 668 985** or focolareamaroo@gmail.com.
- * **Senior Youth Group Years 7-12 | Saturdays 6:00pm-8:00pm** (24 August, 7 September, 21 September) Come along to the parish centre. \$5 donation for food and snacks. Contact Ashish and Shain 0491 122 203.

The Feast of Creation

– the beginning of the Season of Creation

Sunday 1 September is the Feast of Creation, a day which begins a month long celebration by Christians all over the world of God's creation, of the Earth itself, of humanity, of all the flora and fauna, of the land and its waters. The theme for this year is 'To hope and act with Creation'.

The Feast of Creation has a long history, beginning in 1989 as a feast of the Orthodox Church. The then Patriarch of the Orthodox Church noted that it is a day to offer "prayers and supplications to the Maker of all, both as thanksgiving for the great gift of Creation and as petitions for its protection and salvation".

In 2015 Pope Francis followed suit and established the World Day of Prayer for the Care of Creation for the Catholic Church.

Even before 2015 the World Council of Churches extended the feast to be a month long Season of Creation which all major Christian denominations joined to celebrate together. In his message for the Feast of Creation 2024 the Pope says that "Humanity's abuse of nature requires a true conversion and invites us to change our lifestyles".

Pope Francis then draws on Saint Paul's letter to the Romans (8:19-25) to say that Creation is groaning in the pangs of childbirth and that the salvation of humanity in Christ is a sure hope for creation, "for the creation itself will be set free from its bondage to decay and obtain the glorious liberty of the children of God".

In his message for this year's feast day the current Patriarch of the Orthodox Church says that "The destruction of the natural environment primarily affects the poor among us".

He goes on to say that "We can only have sustainable development and progress when we are simultaneously concerned about the integrity of creation and the protection of human rights and human integrity".

The full Season of Creation runs from 1 September to 4 October, the feast day of St Francis of Assisi, the patron saint of ecology.

A critical part of this season is how we deal with the impacts of climate change on our world. Over the next 4 weeks we will look at different aspects and things we can do at a local level that can make a difference.

Perhaps you can pray about how you can make a personal contribution to this critical work.

For further information contact Peter Peterson peterimantpeterson@gmail.com, Chair, Holy Spirit Social Justice Group.

Mark Carter

On behalf of the Parish Social Justice Group



The firstfruits of hope
(Rom 8:19-25)

**TO HOPE AND ACT
WITH CREATION**

SEASON OF CREATION 2024

Please keep the following individuals in prayer.....



For those who are sick
Elisabeth Faith O'Connell
Kwang Hui Lim
Adriano Cesar Junior
Maria Teresa Meireles
Theresa and Joseph Tan
Tony Johnston
Jaya Raghwan
Paul Johnston
Mark Bush
Jim Banks
Barbara Kirk
Vesna Ljubičić
Alonso
Shami Laffan
Marc Darlington
Nancy Phillips
Ashley
Ana Al-Adhami
Linda Dwyer
Wigglesworth Family
Alan Demascus
Jeffrey Gonzalez
Mary Gardner
Marie Lincoln
Wongduean Sawasditas
Nook Sawasditas
Daranee Teapthong
Judeth Barrett
Bill Honess
A Kunda

Anniversaries
Albert V. Alcalá
John Bickett
Julio Melhado
Ascension Melhado

Recently Deceased
Roz Murphy
Jonathan Crowley
Paul Leighton
Molly Whyte

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.

[Prayer Requests](#)

Readings for 22nd Sunday in Ordinary Time Year B

Entrance Antiphon | Cf Psalm 85:3,5

Have mercy on me, O Lord, for I cry to you all the day long.

O Lord, you are good and forgiving,
full of mercy to all who call to you.

First Reading | Deuteronomy 4:1-2, 6-8

A reading from the book of Deuteronomy

You may add nothing to the word which I speak to you – keep the commands of the Lord.

Moses said to the people: 'Now, Israel, take notice of the laws and customs that I teach you today, and observe them, that you may have life and may enter and take possession of the land that the Lord the God of your fathers is giving you. You must add nothing to what I command you, and take nothing from it, but keep the commandments of the Lord your God just as I lay them down for you. Keep them, observe them, and they will demonstrate to the peoples your wisdom and understanding. When they come to know of all these laws they will exclaim, "No other people is as wise and prudent as this great nation." And indeed, what great nation is there that has its gods so near as the Lord our God is to us whenever we call to him? And what great nation is there that has laws and customs to match this whole Law that I put before you today?'

Responsorial Psalm | Ps 14:2-5. R. v.1

(R.) The just will live in the presence of the Lord.

1. Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart. (R.)
2. He who does no wrong to his brother,
who casts no slur on his neighbour,
who holds the godless in disdain,
but honours those who fear the Lord. (R.)
3. He who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever. (R.)

Second Reading | James 1:17-18, 21-22, 27

A reading from the letter of St James

Be doers of the word.

It is all that is good, everything that is perfect, which is given us from above; it comes down from the Father of all light; with him there is no such thing as alteration, no shadow of a change. By his own choice he made us his children by the message of the truth so that we should be a sort of first-fruits of all that he had created.

Accept and submit to the word which has been planted in you and can save your souls. But you must do what the word tells you, and not just listen to it and deceive yourselves.

Pure, unspoilt religion, in the eyes of God our Father is this: coming to the help of orphans and widows when

they need it, and keeping oneself uncontaminated by the world.

Gospel Acclamation | James 1:18

Alleluia, alleluia!

The Father gave us birth by his message of truth,
that we might be as the first fruits of his creation.

Alleluia!

Gospel | Mark 7:1-8, 14-15, 21-23

A reading from the holy Gospel according to Mark

You forget the commandments of God and hold on to human tradition.

The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of his disciples were eating with unclean hands, that is, without washing them. For the Pharisees, and the Jews in general, follow the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the market place they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them concerning the washing of cups and pots and bronze dishes. So these Pharisees and scribes asked him, 'Why do your disciples not respect the tradition of the elders but eat their food with unclean hands?' He answered, 'It was of you hypocrites that Isaiah so rightly prophesied in this passage of scripture:

This people honours me only with lip-service,
while their hearts are far from me.
The worship they offer me is worthless,
the doctrines they teach are only human
regulations.

You put aside the commandment of God to cling to human traditions.'

He called the people to him again and said, 'Listen to me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. For it is from within, from men's hearts, that evil intentions emerge: fornication, theft, murder, adultery, avarice, malice, deceit, indecency, envy, slander, pride, folly. All these evil things come from within and make a man unclean.'

Communion Antiphon | Psalm 30:20

How great is the goodness, Lord,
that you keep for those who fear you.

or

Matthew 5:9-10

Blessed are the peacemakers,
for they shall be called children of God.
Blessed are they who are persecuted for the sake of
righteousness,
for theirs is the Kingdom of Heaven.

Source: Liturgy Help © 2024

Sustainability Sunday

The last weekend of each month



This weekend Sustainability Sunday (weekend) coincides with the beginning of The Season of Creation (1 September to 4 October) when we pray and respond together to the cry of Creation. The theme this year is 'To hope and act with Creation'.

Here in Holy Spirit Church and St Francis Xavier Church we are striving to raise the awareness to Reduce, Reuse, Recycle. Every small thing we do to help our environment is worthwhile. Thank you to everyone who remembered to separate blister packs (see below) and to take the foam insert out of their lids and who brought CLEAN lids. We appreciate your support for Sustainability Sunday. So, remember to bring the following items to the Church as we continue to support Lids for Kids.

Medicine Blister packs

Lids for Kids would like us to **separate** the blister packs into those that are 100% aluminum and those that are aluminum with plastic.



100% aluminum



50% aluminum/50% plastic

Lids

The lids that **Lids for Kids** collect to make furniture etc are – milk, soft-drink and water bottle lids only. Please remove and discard the foam insert. All are to be CLEAN and DRY.

Lids for Kids also collect lids that have plastic inside and push-pull lids. They give these to schools for craft etc. If you are bringing these lids, please **separate** them from the milk, soft-drink and water bottle lids.



Lids with plastic inside



Push/pull lids

E-waste

E-waste items include small electrical items including coiled cables, accessories and devices (please reset to factory settings).

Again, thank you for your support and we look forward to increasing the range of recyclable items that **Lids for Kids** accept over the next 12 months.

For more information, please contact Maureen Hilton [at maureenhilton@gmail.com](mailto:maureenhilton@gmail.com) or Hamish McNeice [at hjmcneice@gmail.com](mailto:hjmcneice@gmail.com)



The firstfruits of hope
(Rom 8:19-25)

**TO HOPE AND ACT
WITH CREATION**
SEASON OF CREATION 2024

Community News

* **7 September | ADORATION RETREAT**

Are you carrying rocks in your daily spiritual backpack? Unload some burdens and refill with hope. Join Sr Kate Atkins, an experienced spiritual guide, as we journey towards Jubilee 2025.

Where: St Benedict's Church, 10 Tallara Parkway, Narrabundah— Lunch and Morning Tea provided. \$20 donation

* **8 September | Marymead CatholicCare High Tea Buffet | 2:00pm**

Join the Marymead CatholicCare Auxiliary for a high tea buffet while raising much needed funds for Marymead CatholicCare. Visit mccg.org.au for more details on how to book.

* **13 September | Living in the Divine Will Retreat | 5pm**

St Clement's Conference Centre Galong NSW. Lead by Frs Hugh Thomas CSSR and Emil Milat. Friday 5pm 13 September to after lunch Sunday 15 September. The talks focus on how various saints and mystics draw us to live in the Holiness of God. For more info. contact Fr Emil on emil.milat@cg.org.au

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* **12 - 14 September | Season of Creation Convocation 2024 - Catholic Earthcare Caritas Australia**

Catholic Earthcare Convocation 12-14 September 2024. 12-13 September online presentations, workshops, discussions and spiritual experiences. Saturday 14 September in the Archdiocesan Hub to transform learning into action (online available). Register here: <https://www.trybooking.com/events/landing/1231165>
Contact: catholicearthcare@caritas.org.au

* **21 September | PREPARED: CatholicPsych Institute Mental Health Crisis Response Training | 9AM**

Join Dr Greg Bottaro from New York for exclusive training event in Canberra, tailored for educators, campus ministers, parish & diocesan staff, parents, and priests, addressing the urgent need to respond to the growing mental health crisis. Learn to identify and address mental distress through a Catholic lens. Register at www.trybooking.com/CULHL

* **26 September | Encountering God in Lectio Divina**

Lectio Divina is Sacred Reading. It is a way of prayer whereby we allow the Word of God to touch our hearts and change our lives. It is a dialogue of love between the person and God as heart speaks to heart through the Word. This weekend retreat focusses on the process of lectio divina by engaging participants in the ancient art of reading and praying with the Word of God in scripture. For more details ring 0242360011 Ext. 114 Cost: \$150

* **17 October | Ordination to the Priesthood of Rev. Mark Ha**

Save the Date Thursday 17 October 2024 at 5.00pm at St Christopher's Cathedral Forrest, Canberra

* **18-20 October | Come, Holy Spirit - Archdiocesan Assembly**

All are invited to take part in the Archdiocesan Assembly that will explore the theme 'Come Holy Spirit.' This will focus on celebrating the Year of the Holy Spirit and explore new opportunities for evangelisation and synodality in the life and mission of our local Church going forward.

* **9-10 November | ENGAGED ENCOUNTER RETREAT**

How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each

other and into married life. For further information visit: www.engagedencounter.org.au. Choose any of the Weekends: Nov 09-10, Feb 22-23



Vocations Discernment Dinners - alternating between a presbytery and the Archbishop's House

Second Thursday of the month. For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To rsvp please contact vocations director Fr Emil emil.milat@cg.org.au.

Natural Fertility Management

Local health professionals and qualified instructors are available help you understand and manage your fertility in an effective and non-invasive manner. Achieve or avoid pregnancy naturally. Address reproductive health issues holistically. See Fertility Awareness Methods at www.marriagefamily.org.au

Fertility Awareness Methods



Archdiocese of
Canberra Goulburn

HAVE
your say
ON HOW WE
CAN IMPROVE
YOUR PARISH
EXPERIENCE



7-8 SEPTEMBER

CATHOLICPSYCH — I N S T I T U T E —

Dr. Greg Bottaro, New York based Catholic psychologist, founder of the CatholicPsych Institute and creator of the CatholicPsych Model of Applied Personalism is visiting Australia in September 2024.

In Canberra, Dr. Greg will offer a session of **PREPARED**: a workshop that trains participants in practical strategies to **respond to immediate, short-term, and even long-term mental distress from an authentically Catholic perspective.**

- Saturday 21st September
- 9am-5pm
- Collins Wing, St Benedict's Catholic Parish, Narrabundah
- \$33 / \$25 for students
- morning and afternoon tea provided (BYO lunch)



Learn to identify and address mental distress through a Catholic lens.
Register at www.trybooking.com/CULHL or scan the QR:


PREPARED

Mental Health Crisis Response Training



The Unseen Depth of a Father's Love

"A father is neither an anchor to hold us back, nor a sail to take us there,
but a guiding light whose love shows us the way."

~ Unknown ~



Fathers are the quiet strength in our lives, guiding us with love and wisdom. They may not always speak loudly, but their actions show their deep care and commitment. Fathers teach us valuable lessons about hard work, honesty and kindness. They support us through challenges, celebrate our successes and provide a steady presence in our lives. Even if our fathers are no longer with us, their influence persists in the values they instilled and the memories we hold. Their love continues to inspire and define who we are. Whether offering advice, sharing laughter or simply being there, fathers shape our lives in countless ways throughout the year. Let's honour and appreciate them for all they have given us and cherish the lasting impact they have made on our lives.

Dear God, we thank You for the gift of fathers and the love they bring into our lives. Bless them with strength, wisdom and good health. Guide them as they continue to provide, support and nurture their families. For those who are no longer with us, we ask for Your comfort and peace. May we honour their memory by living with the values they taught us and reflecting the love they shared. Help us show our appreciation and love, not just today, but every day.

Amen.

WE NEED YOUR FINANCIAL SUPPORT

First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
2. Tap and Go machines or Qkr!

Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
3. Tap and Go machines or Qkr!



CONNECT WITH US

Parish Priest: Fr Troy Bobbin

Assistant Priest: Fr Eden Langlands

Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622

Website: www.holyspiritgungahlin.org.au

Parish Manager: Theivani Evers

E: theivani@holyspiritgungahlin.org.au

P: 0472 921 518

Parish Secretary: Jovina John Britto

E: office@holyspiritgungahlin.org.au

Office Support: Anne Smart

E: officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Parish Pastoral Council (PPC): Alison Weeks

E: alisonmweeks@bigpond.com

Parish Groups

Craft Group | Beth Forshaw
Mondays 1:00pm Parish Office

St Vincent de Paul | Drazen Roginic President
P: 0401 669 301 | E: Drazen.Roginic@vinnies.org.au

Call to Connect | Maureen Hilton | M: 0431 123 465

Holy Spirit Prayer Group | Kathy Torcasio 0401 920 028
Wednesdays at 7:30pm in the church

Social Justice Group | Peter Petersen
E: socialjustice.hsp@gmail.com

Legion of Mary | Grace Magbutay
E: office@holyspiritgungahlin.org.au

Focolare Families Group | Anna 0416 668 985
E: focolareamaroo@gmail.com

Youth Ministry | E: office@holyspiritgungahlin.org.au

Care Group | Sonja Vocisano | P: 0438 699 591

Community Garden Group | Parish Office
E: theivani@holyspiritgungahlin.org.au

St Francis Xavier Social Group

Greg Farrugia 0412 299 549 gjvita@gmail.com

Gabrielle O'Kane 0417 464 216 okane.hall@gmail.com

Download our parish app: [Pocket Parish from App Store](#) or [Google Play](#).