



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

7-8 September 2024

23rd Sunday in Ordinary Time | Year B



Holy Spirit Amaroo

Monday

No Mass
Office closed

Tuesday

9:15am Mass
7pm Christian Meditation

Wednesday

8:20am John Paul II College
9:15am Mass
5:40pm Novena to Our Lady
**NO 6pm Holy Hour and
Reconciliation**

Thursday

9:15am Mass

Friday

7:00am Mass

Saturday

4:30pm Reconciliation
5:00pm Mass

Sunday

8:00am Mass
9:30am Mass
5:00pm Mass

Poor in the World, Rich in Faith

A young man got up to speak at the local university prayer gathering last week. At first, I thought he was speaking a language unknown to me; then gradually I realised he was speaking my language. But his ability to make himself understood was nearly strangled by an impediment that made him repeat himself in a loop, over and over, until he could complete a single sentence. I felt sad and frustrated for him.

When he finished speaking, an attractive young woman translated his message for him, emphasising his main points. And the group of people cheered his name, over and over. I realised that this young man, though impaired, was practically a cult figure among his peers. They knew him, liked him, accepted him. Though his tongue was bound, his spirit was free.

Many of us labour under impediments to love that seem insurmountable. They may be physical, mental, or spiritual in nature, rooted in past injury or present dysfunction. However impossible it seems that we may be freed from what holds us bound, the appearance is deceiving. Jesus cured the deaf mute with his spirit. He holds the power to open hearts too.

What part of your life is closed and bound?

Pray

Friends, go into this new week being quick to listen, slow to speak, and fully prepared to be changed in both heart and mind. **We will follow in the ways of Christ. We will seek a more understanding and compassionate world.** And so now may the love of God, the grace and generosity of Jesus, and the abiding friendship of the Spirit be with us now and evermore. **Amen!**

Ponder

Embrace downward mobility in the world, upward mobility in the Kingdom. Find ways to share what you have with the materially or spiritually poor. *Isn't it clear by now that God operates quite differently?*

Kids' Corner

Where is God when it's dark and stormy at night? Where is God when we are worried about someone we love? Where is God when we are scared to try something new? God is always with us. God is here now. God is in every here and every now. When you feel afraid, try this: Close your eyes, take a deep breath and imagine the love of God wrapping you up like a blanket. Remind yourself that God is with you, no matter what.

Lord, help me remember that you are with me when I am afraid. Amen.
www.gpbs.com.au



St Francis Xavier Hall
Saturdays 5:00pm



**No Holy Hour
on Wednesday
11 September 2024**

Parish News and Events

- * **Christian Meditation** | Tuesdays 7:00pm in the church
- * **Sunday 8 September 2024 | 10:45am**—The Focolare Families group will meet again in the Parish Rooms for about 45 minutes, all mums, dads and kids are invited. If you would like more information, please contact Anna on **0416 668 985** or focolareamaroo@gmail.com.
- * **TLIG PRAYER MEETING** | **Sunday 15 September at 3:30-4:45pm** in the Church meeting room. (Prayer & Fellowship followed by Mass). Bring your rosary beads. All are welcome. For further information on the True Life of God Messages visit the Parish website. Contact: Tom Kalliath: 0434 689 957 or Tony Cassar: 0497 804 676.
- * **Junior Youth Group Years 4-6** | **Sunday 8 September 6:00pm-7:30pm**
Book via Qkr \$5 for snacks.
- * **Senior Youth Group Years 7-12** | **Saturdays 6:00pm-8:00pm**
(7 September, 21 September) Come along to the parish centre. \$5 donation for food and snacks. Contact Ashish and Shain 0491 122 203.

Week 2 of the Season of Creation | Creation is groaning

In his Canticle of Creatures, St Francis of Assisi referred to the Earth as our sister and mother.

In Romans 8:22 there is a biblical image that pictures the Earth as a mother, groaning as in childbirth. We need to listen to the cry of the Earth and the cry of the Poor. These cries bemoan the destructive actions causing the climate crisis, loss of biodiversity and human suffering as well.

And it is no wonder that the Earth and the Poor are crying when you consider the most recent report of the World Meteorological Organisation – State of the Global Climate 2023. This report notes that:

- 2023 was the warmest year on record;
- Greenhouse gases reached record high levels;
- Ocean heat reached its highest level in the 65 year observational record;
- Global mean sea level reached a record high;
- Antarctic sea-ice extent fell to a record low;
- Extreme weather, by way of heatwaves, cyclones, wildfires and flooding led to loss of life, the destruction of homes and large-scale air pollution across the world;
- Food security, population displacement and impacts on vulnerable populations were of mounting concern, with weather and climate hazards exacerbating the situation in many parts of the world.

This is a pretty depressing report in many ways, but as we celebrate the Season of Creation we must have hope for change to occur. There is a phrase commonly attributed to St Augustine that says "Hope has two beautiful daughters; their names are Anger and Courage. Anger at the way things are, and Courage to see that they do not stay as they are."

Maybe we can have a righteous anger that gives us the courage to be hopeful and active for change. If we can do that, while we may not be around to see it, our grandchildren will be grateful to us one day.

There are things we can all do to make a difference and over the next few weeks we will look at some of those practical things.

For further information contact Peter Peterson peterimantpeterson@gmail.com,
Chair, Holy Spirit Social Justice Group.

Mark Carter

Parish Social Justice Group



The firstfruits of hope
(Rom 8:19-25)

**TO HOPE AND ACT
WITH CREATION**
SEASON OF CREATION 2024

Please keep the
following individuals in
prayer.....



For those who are sick
Elisabeth Faith O'Connell
Kwang Hui Lim
Adriano Cesar Junior
Maria Teresa Meireles
Theresa and Joseph Tan
Tony Johnston
Jaya Raghwan
Paul Johnston
Mark Bush
Jim Banks
Barbara Kirk
Vesna Ljubičić
Alonso
Shami Laffan
Marc Darlington
Nancy Phillips
Ashley
Ana Al-Adhami
Linda Dwyer
Wigglesworth Family
Alan Demascus
Jeffrey Gonzalez
Mary Gardner
Marie Lincoln
Wongduean Sawasditas
Nook Sawasditas
Daranee Teapthong
Judeth Barrett
Bill Honess
Mark and Debbie

Anniversaries
Julio Melhado
Ascension Melhado
Peter Knight
Lucy Smith
Wifredo Baylin

Recently Deceased
Oscar Barea
Paul Leighton
Molly Whyte
Mr A Kunda
Gracia Lomo Jackson

We include those who are
members of our Parish or
relatives. Please email the parish
office or click here to request
prayers.

[Prayer
Requests](#)

Readings for 23rd Sunday in Ordinary Time Year B

Entrance Antiphon | Cf Psalm 85:3,5

Have mercy on me, O Lord, for I cry to you all the day long.

O Lord, you are good and forgiving,
full of mercy to all who call to you.

First Reading | Deuteronomy 4:1-2, 6-8

A reading from the book of Deuteronomy

You may add nothing to the word which I speak to you – keep the commands of the Lord.

Moses said to the people: 'Now, Israel, take notice of the laws and customs that I teach you today, and observe them, that you may have life and may enter and take possession of the land that the Lord the God of your fathers is giving you. You must add nothing to what I command you, and take nothing from it, but keep the commandments of the Lord your God just as I lay them down for you. Keep them, observe them, and they will demonstrate to the peoples your wisdom and understanding. When they come to know of all these laws they will exclaim, "No other people is as wise and prudent as this great nation." And indeed, what great nation is there that has its gods so near as the Lord our God is to us whenever we call to him? And what great nation is there that has laws and customs to match this whole Law that I put before you today?'

Responsorial Psalm | Ps 14:2-5. R. v.1

(R.) The just will live in the presence of the Lord.

1. Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart. (R.)
2. He who does no wrong to his brother,
who casts no slur on his neighbour,
who holds the godless in disdain,
but honours those who fear the Lord. (R.)
3. He who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever. (R.)

Second Reading | James 1:17-18, 21-22, 27

A reading from the letter of St James

Be doers of the word.

It is all that is good, everything that is perfect, which is given us from above; it comes down from the Father of all light; with him there is no such thing as alteration, no shadow of a change. By his own choice he made us his children by the message of the truth so that we should be a sort of first-fruits of all that he had created.

Accept and submit to the word which has been planted in you and can save your souls. But you must do what the word tells you, and not just listen to it and deceive yourselves.

Pure, unspoilt religion, in the eyes of God our Father is this: coming to the help of orphans and widows when

they need it, and keeping oneself uncontaminated by the world.

Gospel Acclamation | James 1:18

Alleluia, alleluia!

The Father gave us birth by his message of truth,
that we might be as the first fruits of his creation.

Alleluia!

Gospel | Mark 7:1-8, 14-15, 21-23

A reading from the holy Gospel according to Mark

You forget the commandments of God and hold on to human tradition.

The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of his disciples were eating with unclean hands, that is, without washing them. For the Pharisees, and the Jews in general, follow the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the market place they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them concerning the washing of cups and pots and bronze dishes. So these Pharisees and scribes asked him, 'Why do your disciples not respect the tradition of the elders but eat their food with unclean hands?' He answered, 'It was of you hypocrites that Isaiah so rightly prophesied in this passage of scripture:

This people honours me only with lip-service,
while their hearts are far from me.
The worship they offer me is worthless,
the doctrines they teach are only human
regulations.

You put aside the commandment of God to cling to human traditions.'

He called the people to him again and said, 'Listen to me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. For it is from within, from men's hearts, that evil intentions emerge: fornication, theft, murder, adultery, avarice, malice, deceit, indecency, envy, slander, pride, folly. All these evil things come from within and make a man unclean.'

Communion Antiphon

Psalm 30:20

How great is the goodness, Lord,
that you keep for those who fear you.

or

Matthew 5:9-10

Blessed are the peacemakers,
for they shall be called children of God.
Blessed are they who are persecuted for the sake of
righteousness,
for theirs is the Kingdom of Heaven.

Source: Liturgy Help © 2024



YRS 4-6 YOUTH GROUP

DISCO *Night*

6PM - 8 SEPTEMBER 2024

START AT 6 PM

\$5 FOR FOOD - RSVP VIA QKR

HOLY SPIRIT PARISH

93 BURDEKIN AVE, AMAROO

Community News

* **7 September | ADORATION RETREAT**

Are you carrying rocks in your daily spiritual backpack? Unload some burdens and refill with hope. Join Sr Kate Atkins, an experienced spiritual guide, as we journey towards Jubilee 2025.

Where: St Benedict's Church, 10 Tallara Parkway, Narrabundah— Lunch and Morning Tea provided. \$20 donation

* **8 September | Marymead CatholicCare High Tea Buffet | 2:00pm**

Join the Marymead CatholicCare Auxiliary for a high tea buffet while raising much needed funds for Marymead CatholicCare. Visit mccg.org.au for more details on how to book.

* **12 September | Prayer in honour of Saint Peter Julian Eymard | 5:30pm**

You are cordially invited to the formal welcome of the Congregation of the Blessed Sacrament (SSS) on Thursday, 12 September, at 5:30 PM at Holy Rosary Church, Watson.

Archbishop Christopher Prowse will offer the Eucharistic Celebration, followed by fellowship after Mass.

* **13 September | Living in the Divine Will Retreat | 5pm**

St Clement's Conference Centre Galong NSW. Lead by Frs Hugh Thomas CSSR and Emil Milat. Friday 5pm 13 September to after lunch Sunday 15 September. The talks focus on how various saints and mystics draw us to live in the Holiness of God. For more info. contact Fr Emil on emil.milat@cg.org.au

* **12 - 14 September | Season of Creation Convocation 2024 - Catholic Earthcare Caritas Australia**

Catholic Earthcare Convocation 12-14 September 2024. 12-13 September online presentations, workshops, discussions and spiritual experiences. Saturday 14 September in the Archdiocesan Hub to transform learning into action (online available). Register here: <https://www.trybooking.com/events/landing/1231165>

Contact: catholicearthcare@caritas.org.au

* **21 September | PREPARED: CatholicPsych Institute Mental Health Crisis Response Training | 9AM**

Join Dr Greg Bottaro from New York for exclusive training event in Canberra, tailored for educators, campus ministers, parish & diocesan staff, parents, and priests, addressing the urgent need to respond to the growing mental health crisis. Learn to identify and address mental distress through a Catholic lens. Register at www.trybooking.com/CULHL

* **26 September | Encountering God in Lectio Divina**

Lectio Divina is Sacred Reading. It is a way of prayer whereby we allow the Word of God to touch our hearts and change our lives. It is a dialogue of love between the person and God as heart speaks to heart through the Word. This weekend retreat focusses on the process of lectio divina by engaging participants in the ancient art of reading and praying with the Word of God in scripture. For more details ring 0242360011 Ext. 114 Cost: \$150

* **17 October | Ordination to the Priesthood of Rev. Mark Ha**

Save the Date Thursday 17 October 2024 at 5.00pm at St Christopher's Cathedral Forrest, Canberra

* **18-20 October | Come, Holy Spirit - Archdiocesan Assembly**

All are invited to take part in the Archdiocesan Assembly that will explore the theme 'Come Holy Spirit.' This will focus on celebrating the Year of the Holy Spirit and explore new opportunities for evangelisation and synodality in the life and mission of our local Church going forward.



Vocations Discernment Dinners - alternating between a presbytery and the Archbishop's House

Second Thursday of the month. For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To rsvp please contact vocations director Fr

Emil emil.milat@cg.org.au.

Natural Fertility Management

Local health professionals and qualified instructors are available help you understand and manage your fertility in an effective and non-invasive manner. Achieve or avoid pregnancy naturally. Address reproductive health issues holistically. See Fertility

Awareness Methods at www.marriagefamily.org.au

Fertility Awareness Methods



Archdiocese of
Canberra Goulburn

CATHOLICPSYCH — I N S T I T U T E —

Dr. Greg Bottaro, New York based Catholic psychologist, founder of the CatholicPsych Institute and creator of the CatholicPsych Model of Applied Personalism is visiting Australia in September 2024.

In Canberra, Dr. Greg will offer a session of **PREPARED**: a workshop that trains participants in practical strategies to **respond to immediate, short-term, and even long-term mental distress from an authentically Catholic perspective.**

- Saturday 21st September
- 9am-5pm
- Collins Wing, St Benedict's Catholic Parish, Narrabundah
- \$33 / \$25 for students
- morning and afternoon tea provided (BYO lunch)



Learn to identify and address mental distress through a Catholic lens.
Register at www.trybooking.com/CULHL or scan the QR:


PREPARED

Mental Health Crisis Response Training



HAVE *your say* ON HOW WE CAN IMPROVE YOUR PARISH EXPERIENCE



7-8 SEPTEMBER

Please complete this short survey about you, our community and how we can plan to improve your parish experience. Your honesty and truthful insights would be highly appreciated.

Survey Link: <https://forms.gle/pXBzFdAQiinn48NG9>



We want to hear
from you!

WE NEED YOUR FINANCIAL SUPPORT

First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
2. Tap and Go machines or Qkr!

Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
3. Tap and Go machines or Qkr!



CONNECT WITH US

Parish Priest: Fr Troy Bobbin

Assistant Priest: Fr Eden Langlands

Parish Office and Presbytery

93 Burdekin Ave, Amaroo Ph: 6242 9622

Website: www.holyspiritgungahlin.org.au

Parish Manager: Theivani Evers

E: theivani@holyspiritgungahlin.org.au

P: 0472 921 518

Parish Secretary: Jovina John Britto

E: office@holyspiritgungahlin.org.au

Office Support: Chris Konik-Rose

E: officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose

E: gungahlin.finance@cg.org.au

Parish Pastoral Council (PPC): Alison Weeks

E: alisonmweeks@bigpond.com

Parish Groups

Craft Group | Beth Forshaw

Mondays 1:00pm Parish Office

St Vincent de Paul | Drazen Roginic President

P: 0401 669 301 | E: Drazen.Roginic@vinnies.org.au

Call to Connect | Maureen Hilton | M: 0431 123 465

Holy Spirit Prayer Group | Kathy Torcasio 0401 920 028

Wednesdays at 7:30pm in the church

Social Justice Group | Peter Petersen

E: socialjustice.hsp@gmail.com

Legion of Mary | Grace Magbutay

E: office@holyspiritgungahlin.org.au

Focolare Families Group | Anna 0416 668 985

E: focolareamaroo@gmail.com

Youth Ministry | E: office@holyspiritgungahlin.org.au

Care Group | Sonja Vocisano | P: 0438 699 591

Community Garden Group | Parish Office

E: theivani@holyspiritgungahlin.org.au

St Francis Xavier Social Group

Greg Farrugia 0412 299 549 gjvita@gmail.com

Gabrielle O'Kane 0417 464 216 okane.hall@gmail.com

Download our parish app: **Pocket Parish** from App Store or Google Play.