



Holy Spirit Catholic Parish

93 Burdekin Ave, Amaroo ACT and 220 Victoria St, Hall ACT
Supporting and supported by Holy Spirit, Good Shepherd,
Mother Teresa Primary Schools and St John Paul II College

21-22 September 2024

25th Sunday in Ordinary Time | Year B



Holy Spirit Amaroo

Monday

No Mass
Office closed

Tuesday

9:15am Mass
7pm Christian Meditation

Wednesday

8:20am John Paul II College
9:15am Mass
5:40pm Novena to Our Lady
6pm Holy Hour and
Reconciliation

Thursday

9:15am Mass

Friday

7:00am Mass

Saturday

4:30pm Reconciliation
5:00pm Mass

Sunday

8:00am Mass
9:30am Mass
5:00pm Mass



St Francis Xavier Hall

Saturdays 5:00pm

Where Conflict Comes From

You can almost overhear their conversation. Someone proposed that John was the greatest. After all, did he not recline on Jesus' bosom when they were at the table? Someone else snorted: clearly the greatest was Judas, who held the moneybag and was obviously the most trusted. Someone argued for Peter, far and away the leader of the group. Another said it was Matthew, because he always took good notes at Jesus' best talks and would one day publish a fine book. What about James, someone else insisted. He is one of the three Jesus always takes aside with him when he prays. The discussion became heated, as more names were asserted, and by the time they got to Capernaum, they were scarcely speaking with one another.

"What were you arguing about on the way?" Nobody answers. So Jesus sets the record straight. The greatest will always be the one you least expect. The last will be first. The servant will be the leader. The one who receives the child, receives the Lord.

We can bet that's one conversation they never dared have again.

How do you lead by your service?

Pray

We come to this place, O God, at your invitation. You welcome us all, and challenge us to welcome one another in Christ's name. Help us to recognise in each person here the wonderful greatness that you receive and to celebrate each one's worth – for Christ's sake. Amen.

Ponder

Live well, live wisely, live humbly, as James tells us this week. Our lives are always a more compelling witness than our words.

Kids' Corner

Jesus sat down and summoned the Twelve. "So you want first place? Then take the last place. Be the servant of all." (Mark 9: 35)

Imagine you've been waiting in line for an hour to ride the new roller coaster at your favourite amusement park. You reach the front of the line, and suddenly there's an announcement: Everyone at the back of the line gets to go on first! You'd feel pretty cheated, wouldn't you?

It's okay to feel that way about a ride, but here's what God wants us to remember about the really important things in life: When we put the needs of others first and begin to care about them as much as we care about ourselves, we are living and acting like Jesus.

Jesus, help me put others first. Amen.

www.gpbs.com.au

Parish News and Events

- * **Christian Meditation** | Tuesdays 7:00pm in the church
- * **Senior Youth Group Years 7-12** | Saturday 21 September 6:00pm-8:00pm
Come along to the parish centre. \$5 donation for food and snacks. Contact Ashish and Shain 0491 122 203.
- * **Junior Youth Group Years 4-6** | Sunday 22 September 6:00pm-7:30pm
Book via Qkr \$5 for snacks.
- * **Focolare Families Group Meeting** | Sunday 29 September at 10:45am—The group will meet in the Parish Rooms for about 45 minutes, all mums, dads and kids are invited. If you would like more information please contact Anna on 0416 668 985 or focolareamaroo@gmail.com.

Holy Hour & Reconciliation

All parishioners are invited to Holy Hour with Exposition of the Blessed Sacrament followed by Benediction held every **Wednesday in the Church from 6:00pm – 7:00pm**. During this Holy Hour the Sacrament of Confession will be available.

Adoration of the Blessed Sacrament is an intimate encounter with Jesus Christ who remains with us until the end of time (Mt 28:20). All are welcome to come to adore Our Lord Jesus Christ who is truly present in the Eucharist and experience the peace and healing that he offers us.

The Sacrament of Reconciliation or Confession is also such an intimate encounter with the mercy of God, where we come to him just as we are, humbly admitting our need for his grace and mercy and being renewed and transformed by this personal encounter. There will be "How to go to Confession" guides available in the Church foyer for anyone to take.

"Come to me, all of you who are weary and loaded down with burdens, and I will give you rest." - Matthew 11:28



Holy Spirit Parish invites you to the

Procession of Our Lady of Fatima

8:50am – Arrival at the church

9:00am – Multicultural Rosary Procession

9:30am – Sunday Mass

Sunday 13 October 2024
93 Burdekin Ave, Amaroo ACT



Please keep the following individuals in prayer.....



For those who are sick
Elisabeth Faith O'Connell
Kwang Hui Lim
Adriano Cesar Junior
Maria Teresa Meireles
Theresa and Joseph Tan
Tony Johnston
Jaya Raghwan
Paul Johnston
Mark Bush
Jim Banks
Barbara Kirk
Vesna Ljubičić
Alonso
Shami Laffan
Marc Darlington
Nancy Phillips
Ashley
Ana Al-Adhami
Linda Dwyer
Wigglesworth Family
Alan Demascus
Jeffrey Gonzalez
Mary Gardner
Marie Lincoln
Wongduean Sawasditas
Nook Sawasditas
Daranee Teapthong
Judeth Barrett
Bill Honess
Mark and Debbie

Anniversaries
Magdalena Alcalá
Reynaldo Alcalá
Peter Stubbs
Arlette Mootoosamy
Dinko Maricic
John Stanislaus Fish
Reynaldo Magada
Peter Hurley

Recently Deceased
Gracia Lomo Jackson
Jean Chesworth
Evangeline Sapon
Melquiades Balberona Jr
Margaret Madya
Angelina Polintan

We include those who are members of our Parish or relatives. Please email the parish office or click here to request prayers.

[Prayer Requests](#)

Readings for 25th Sunday in Ordinary Time Year B

Entrance Antiphon

I am the salvation of the people, says the Lord.
Should they cry to me in any distress,
I will hear them, and I will be their Lord for ever.

First Reading | Wisdom 2:12, 17-20

The godless say to themselves,

'Let us lie in wait for the virtuous man, since he annoys us and opposes our way of life, reproaches us for our breaches of the law and accuses us of playing false to our upbringing. Let us see if what he says is true, let us observe what kind of end he himself will have. If the virtuous man is God's son, God will take his part and rescue him from the clutches of his enemies. Let us test him with cruelty and with torture, and thus explore this gentleness of his and put his endurance to the proof. Let us condemn him to a shameful death since he will be looked after – we have his word for it.'

Responsorial Psalm | Ps 53:3-6. 8. R. v.6

(R.) The Lord upholds my life.

1. O God, save me by your name;
by your power, uphold my cause.
O God, hear my prayers;
listen to the words of my mouth. (R.)
2. For proud men have risen against me,
ruthless men seek my life.
They have no regard for God. (R.)
3. But I have God for my help.
The Lord upholds my life.
I will sacrifice to you with willing heart
and praise your name for it is good. (R.)

Second Reading | James 3:16 – 4:3

Wherever you find jealousy and ambition, you find disharmony, and wicked things of every kind being done; whereas the wisdom that comes down from above is essentially something pure; it also makes for peace, and is kindly and considerate; it is full of compassion and shows itself by doing good; nor is there any trace of partiality or hypocrisy in it. Peacemakers, when they work for peace, sow the seeds which will bear fruit in holiness.

Where do these wars and battles between yourselves first start? Isn't it precisely in the desires fighting inside your own selves? You want something and you haven't got it; so you are prepared to kill. You have an ambition that you cannot satisfy; so you fight to get your way by force. Why you don't have what you want is because you don't pray for it; when you do pray and don't get it, it is because you have not prayed properly, you have prayed for something to indulge your own desires.

Gospel Acclamation | 2 Thessalonians 2:14

Alleluia, alleluia!
God has called us with the gospel
to share in the glory of our Lord Jesus Christ.
Alleluia!

Gospel | Mark 9:30-37

After leaving the mountain Jesus and his disciples made their way through Galilee; and he did not want anyone to know, because he was instructing his disciples; he was telling them, 'The Son of Man will be delivered into the hands of men; they will put him to death; and three days after he has been put to death he will rise again.' But they did not understand what he said and were afraid to ask him.

They came to Capernaum, and when he was in the house he asked them, 'What were you arguing about on the road?' They said nothing because they had been arguing which of them was the greatest. So he sat down, called the Twelve to him and said, 'If anyone wants to be first, he must make himself last of all and servant of all.' He then took a little child, set him in front of them, put his arms round him, and said to them, 'Anyone who welcomes one of these little children in my name, welcomes me; and anyone who welcomes me welcomes not me but the one who sent me.'

Communion Antiphon

Psalm 118:4-5

You have laid down your precepts to be carefully kept;
may my ways be firm in keeping your statutes.

or

John 10:14

I am the Good Shepherd, says the Lord;
I know my sheep, and mine know me.

Source: Liturgy Help © 2024



After Jesus nourishes us in the Eucharist, we are asked to go out to be "bread for the world." Eucharist calls us to help feed those around us who are hungry. Some people are hungry for food, others are hungry for love, or care, or friendship.

Week 4: Season of Creation—Transforming our lifestyles

The Season of Creation encourages us to reflect on some of the big issues facing the world today, including the environmental crisis, the plight of the poor and the question of what kind of world we want to leave for future generations, including our children and grandchildren.



TO HOPE AND ACT WITH CREATION

SEASON OF CREATION 2024

The firstfruits of hope
(Rom 8:19-25)

This week we ask you to reflect on Pope Francis' message for the Season of Creation, which in part says "Humanity's abuse of nature requires a true conversion and invites us to change our lifestyles."

The Pope suggests that we need to transform our lifestyles. We can think about adopting lifestyles where we waste less and reduce unnecessary consumption, especially where the processes of production are unsustainable or exploit our fellow human beings.

For instance, we can all focus on wasting less food. Foodbank estimates that Australia currently creates more than 7.6 million tonnes of food waste each year – enough to fill the Melbourne Cricket Ground nine times. When we buy products we can check where they came from. I'm sure that we don't want to buy clothes produced in sweatshops in Asia that exploit workers and, in particular, women.

You can check for labels like Ethical Clothing Australia (ECA) <https://ethicalclothingaustralia.org.au/> and Fair Trade Certified, Global Organic Textile Standard (GOTS), which indicate that workers have been paid a fair wage and that working conditions are safe. Or you can look at Apps like Good On You <https://goodonyou.eco/> or Shop Ethical <https://www.ethical.org.au/>

Next week, which is the final week of the Season of Creation, we will look at 20 things we can all do to help save our planet.

In the meantime, please think about things you can do or start up with others to make a difference.



For further information contact Peter Peterson peterimantpeterson@gmail.com, Chair, Holy Spirit Social Justice Group.

Mark Carter

Parish Social Justice Group

Welcome to OUR Community Garden

Did you know that we have a community garden? It's located behind the Good Shepherd School in Amaroo, not far from the Parish Church and office.

Being a community garden, everyone is able to get involved. We are already well underway with planting out vegetables for Spring and Summer. We were also recently successful with a small grant from the ACT Government to build a new garden bed.

If you would like help grow vegetables, get into composting, worm farming and maintaining a healthy garden please

contact the Parish Office. It's also a small way you can participate in Caring for Creation and Pope Francis's call to think about things we can all do to make a difference. For example, the students from Good Shepherd school bring their food scraps to the garden to add to the compost which once broken down, goes onto the garden to help improve the soil.

Some of the community garden members will be available after the 8am and 9:30am Masses next weekend – Sunday, 29 September - to show you around if you are interested. It will only take about five to ten minutes. Please meet outside the front door of the church after Mass.



Community News

- * **21 September | PREPARED: CatholicPsych Institute Mental Health Crisis Response Training | 9AM**
Join Dr Greg Bottaro from New York for exclusive training event in Canberra, tailored for educators, campus ministers, parish & diocesan staff, parents, and priests, addressing the urgent need to respond to the growing mental health crisis. Learn to identify and address mental distress through a Catholic lens. Register at www.trybooking.com/CULHL
- * **23 September | CatholicPsych Being Human LIVE event | 6PM**
Join Dr. Greg Bottaro live in Canberra for the Being Human Podcast! Connect for a discussion on integrating faith, science, and reason in psychology and mental health. Parish of Transfiguration, Curtin. Learn about the CatholicPsych Model and Dr. Greg's book, The Mindful Catholic. www.trybooking.com/CUWCJ
- * **25 September | Speed Networking for Catholic Women | 6.30pm – 8.30pm**
An event for Catholic Women looking to connect with other women of faith and learn from each other's life experiences and career paths. Join us on Wednesday 25th September, 6.30-8.30pm in the Haydon Hall - 55 Franklin St, Forrest Enquiries: restore.network.cbr@gmail.com
- * **26 September | Encountering God in Lectio Divina**
Lectio Divina is Sacred Reading. It is a way of prayer whereby we allow the Word of God to touch our hearts and change our lives. It is a dialogue of love between the person and God as heart speaks to heart through the Word. This weekend retreat focusses on the process of lectio divina by engaging participants in the ancient art of reading and praying with the Word of God in scripture. For more details ring 0242360011 Ext. 114 Cost: \$150
- * **29 September | Respect Life Sunday | 11am Mass followed by brunch and expo**
Archbishop Christopher will celebrate Respect Life Sunday at the 11am Cathedral Mass followed by a Light Luncheon and Expo of groups supporting and advocating for human life at its most vulnerable. All welcome. Queries lara.kirk@cq.org.au
- * **29 September | Respect Life Sunday | Speaker**
The ACT Right to Life Association is hosting speaker Monica Doumit, at 12:45pm in the Haydon Hall, Manuka. Monica has been influential in legislative battles on life, marriage, and family issues. As the ACT prepares to implement liberal euthanasia laws, she will share insights on the future of the prolife movement. Speaker, Q&A, Refreshments. Contact actrlassoc@gmail.com
- * **8 October | Marriage Preparation Courses**
For engaged couples: FOCCUS - Tues 8th October 5-9pm plus a private follow up session at Marymead CatholicCare. SmartLoving – online, 9 lessons, learn at your own pace when suits you.
For more information: www.marriagefamily.org.au or Text Helena Zobec on **0405 440 463**
- * **13 October | Marriage Encounter Celebrating 50 years of growing great marriages**
Are you married, religious or in Holy Orders? Have you attended Marriage Encounter weekend years ago or just recently? Are you looking to regain the sparkle in your marriage and vocation?. Join in the celebration, input and fellowship on Sun 13 October 2-4 pm at Haydon Hall, Manuka. Enquiries: Grace and Brendan Price gracemaryprice@gmail.com
- * **17 October | Ordination to the Priesthood of Rev. Mark Ha**
Save the Date Thursday 17 October 2024 at 5.00pm at St Christopher's Cathedral Forrest, Canberra
- * **18-20 October | Come, Holy Spirit - Archdiocesan Assembly**
All are invited to take part in the Archdiocesan Assembly that will explore the theme 'Come Holy Spirit.' This will focus on celebrating the Year of the Holy Spirit and explore new opportunities for evangelisation and synodality in the life and mission of our local Church going forward.



Where Canberra + Narooma + Cooma + Young + Goulburn
When Friday 18th October - Sunday 20th October 2024
Info Detailed information, registration and formation materials available online at cgevangelisation.org.au/assembly





28 AND 29 SEPTEMBER VATICAN EXHIBITION OF EUCHARISTIC MIRACLES

Experience the Miraculous!

Join us for the Vatican Exhibition of Eucharistic Miracles, a captivating display compiled by Blessed Carlo Acutis, who began his work at just 11 years old. He completed it shortly before passing at 15, just days after being diagnosed with aggressive leukemia.

Tickets with available timeslots are available at:

<https://www.eventbrite.com.au/myevent?eid=1014183479087>

...or just turn up!



Exhibition Highlights:

144 Posters: Mounted on 24 boards, each showcasing a Eucharistic Miracle with engaging visuals and descriptions.

Relic of Blessed Carlo: A first-class relic available for veneration alongside the Exhibition

Cost: Free to exhibit; donations appreciated for upkeep and transportation

ST JOSEPH'S PARISH

58 Boronia Drive
O'Connor ACT 2602

innernorth@cg.org.au

28 and 29 September
8:00 am to 5:30 pm daily

Women's RETREAT

'Call to Connect' Catholic Women's Ministry warmly welcomes all women to a retreat day.

God's love transforms



Guest speakers:

Sharon Brewer & Rachel Fleurant MGL

Saturday 12th October 10am-3.15pm

St Monica's Church and parish room

Cost: \$25 includes lunch and morning tea. No refunds due to cost incurred.

<https://events.humanitix.com/ctc-retreat-god-s-love-transforms-tn6sut93>



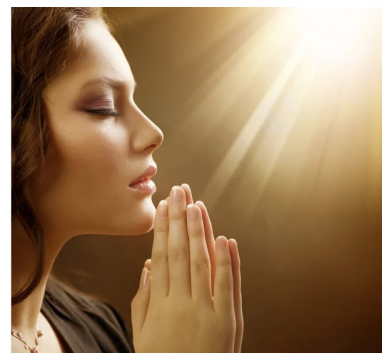
Program includes short talks, prayer and private reflection, sharing in small groups.

Visit us: <https://www.calltoconnect.org>

I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God Ephesians.3:18-1

Do you find prayer difficult or boring? Try these helpful tips:

Is prayer difficult for you? Are you confused on where to start or what to do during prayer? French Trappist monk Dom Jean-Baptiste Chautard relates several helpful tips in his spiritual classic, *The Soul of the Apostolate*. In it, he explains how to perform mental prayer and what we should do if we are starting out or struggling with it.



* Mental prayer is real hard work, especially for beginners. Work to get detached, for a few minutes, from all that is not God. Work to remain for half an hour fixed in God, and to gather yourself for a new effort to reach perfection. This work is no doubt hard, in the beginning, but I am going to accept it with generosity. Besides this work will be quickly rewarded by great consolations here on earth, by peace in friendship, and union with Jesus.

* A practical conversation. When the smith plunges the iron into the fire, he is not just trying to make it hot and glowing; he wants to make it malleable. So too, the only reason why mental prayer is to give light to my mind and warmth to my heart is to make my soul pliant so that it can be hammered into a new shape, so that the faults and form of the old man may be hammered out, and the form and virtues of Jesus Christ imparted to it

For more tips please visit - <https://aleteia.org/2018/09/17/practical-tips-for-those-struggling-with-prayer/>

WE NEED YOUR FINANCIAL SUPPORT

First Collection (Supporting all priests of the Archdiocese)

1. BSB: 062 786 Acc Number: 00029248 Acc Name: Central Presbytery Fund Ref: Gungahlin and Surname
2. Tap and Go machines or Qkr!

Second Collection (For the upkeep of our parish, staff salaries, parish loans, liturgical needs etc)

1. Click on <https://www.holyspiritgungahlin.org.au/donations-payments/secure-online-payments/>
2. Direct Credit: BSB: 062 786 Acc Number: 00010701 Acc Name: Holy Spirit Parish
3. Tap and Go machines or Qkr!



CONNECT WITH US

Parish Priest: Fr Troy Bobbin
E: troy.bobbin@cg.org.au

Assistant Priest: Fr Eden Langlands
E: eden.langlands@cg.org.au

Parish Office and Presbytery
93 Burdekin Ave, Amaroo Ph: 6242 9622
Website: www.holyspiritgungahlin.org.au

Parish Manager: Theivani Evers
E: theivani@holyspiritgungahlin.org.au
P: 0472 921 518

Parish Secretary: Jovina John Britto
E: office@holyspiritgungahlin.org.au

Office Support: Chris Konik-Rose
E: officesupport@holyspiritgungahlin.org.au

Finance Officer/ Planned Giving: Tony Rose
E: gungahlin.finance@cg.org.au

Parish Pastoral Council (PPC): Alison Weeks
E: alisonmweeks@bigpond.com

Download our parish app: [Pocket Parish from App Store](#) or [Google Play](#).

Parish Groups

Craft Group | Beth Forshaw
Mondays 1:00pm Parish Office

St Vincent de Paul | Drazen Roginic President
P: 0401 669 301 | E: Drazen.Roginic@vinnies.org.au

Call to Connect | Maureen Hilton | M: 0431 123 465

Holy Spirit Prayer Group | Kathy Torcasio 0401 920 028
Wednesdays at 7:30pm in the church

Social Justice Group | Peter Petersen
E: socialjustice.hsp@gmail.com

Legion of Mary | Grace Magbutay
E: office@holyspiritgungahlin.org.au

Focolare Families Group | Anna 0416 668 985
E: focolareamaroo@gmail.com

Youth Ministry | E: office@holyspiritgungahlin.org.au

Care Group | Sonja Vocisano | P: 0438 699 591

Community Garden Group | Parish Office
E: theivani@holyspiritgungahlin.org.au

St Francis Xavier Social Group
Greg Farrugia 0412 299 549 gjvita@gmail.com
Gabrielle O'Kane 0417 464 216 okane.hall@gmail.com